

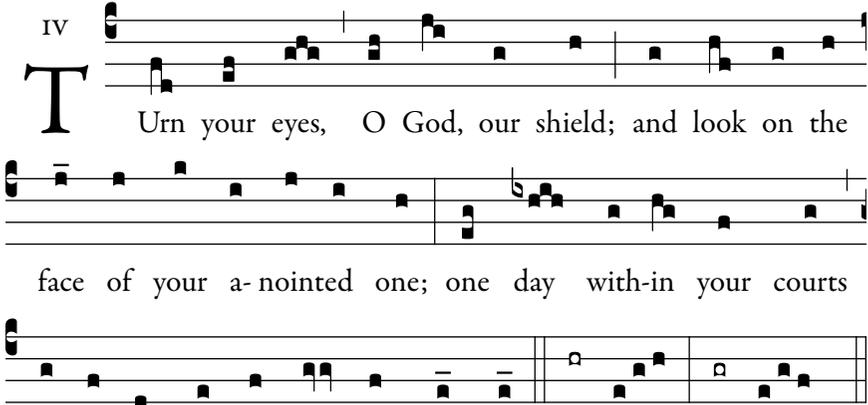
TWENTIETH SUNDAY

ENTRANCE ANTIPHON

Protector noster

Ps 84 (83): 10-11 · RM, GR ○

IV

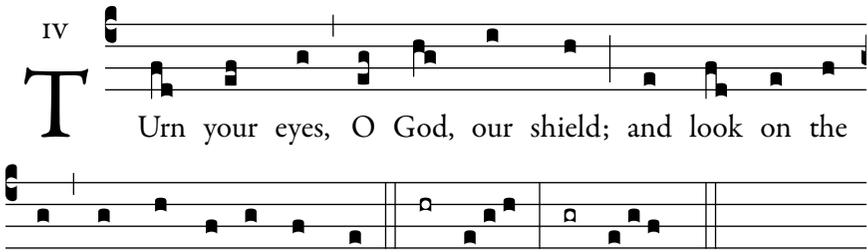


Ur̄n your eyes, O God, our shield; and look on the
face of your a-nointed one; one day with-in your courts
is bet-ter than a thou-sand elsewhere.

Or: (Simple)

*Ps 84 (83): 10 · RM, GR ○**

IV



Ur̄n your eyes, O God, our shield; and look on the
face of your anointed one.

Psalm 84 (83): [11ab], 2, 3ab, 3cd, 4, 5

1. [One day *within your courts* *
is better than a *thousand* elsewhere.]
2. How lovely *is your dwelling* place, *
O *LORD of hosts*.
3. My soul is *longing and yearning* *
for the courts *of the LORD*.

4. My heart and my *flesh cry out* *
to the *living God*.

5. Even the sparrow *finds a home*, *
and the swallow a nest *for herself*
in which she sets her young, *at your altars*, *
O LORD of hosts, my king *and my God*.

6. Blessed are they who dwell *in your house*, *
forever singing *your praise*.

7. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and *ever shall be*, *
world without *end. Amen*.

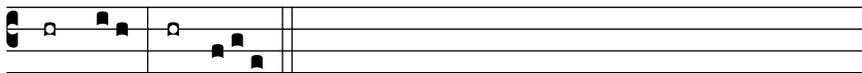
RESPONSORIAL PSALM (*Year A*)

Ps 67 (66): 4

VIII



O God, let all the nations praise you.



Psalm 67 (66): 2-3, 5, 7-8

1. O God, be gracious *and bless us* *
and let your face shed its *light upon us*.
So will your ways be known upon *earth* *
and all nations learn *your salvation*.

2. Let the nations be glad and shout for joy, †
with uprightness you rule *the peoples*; *
you guide the *nations on earth*.

3. The earth has yielded *its fruit* *
for God, our *God, has blessed* us.
May God still give us *his blessing* *
that all the ends of the earth *may revere* him.

RESPONSORIAL PSALM (*Year B*)

Ps 34 (33): 9a

VI

Aste and see the goodness of the Lord.

Psalm 34 (33): 2-3, 10-11, 12-13, 14-15

1. I will bless the LORD *at all times*; *
praise of him is always *in my mouth*.
In the LORD my soul shall *make its boast*; *
the humble shall hear *and be glad*.
2. Fear the LORD, *you his holy ones*. *
They lack nothing, *those who fear* him.
The rich suffer want *and go hungry*, *
but those who seek the LORD *lack no blessing*.
3. Come, *children, and hear* me, *
that I may teach you the fear *of the LORD*.
Who is it that *desires life* *
and longs to see *prosperous days*?
4. Guard your *tongue from evil*, *
and your lips from *speaking deceit*.
Turn aside from evil *and do good*. *
Seek after peace, *and pursue* it.

RESPONSORIAL PSALM (*Year C*)

Ps 40 (39): 14b

II
L Ord, come to my aid!

Psalm 40 (39): 2, 3, 4, 18

1. I waited, I waited for the LORD, †
and he stooped down to me; *
he heard *my* cry.
2. He drew me from the deadly pit, *
from the miry clay.
He set my feet upon a rock, *
made my footsteps firm.
3. He put a new song into my mouth, *
praise of *our* God.
Many shall see and fear *
and shall trust in *the* LORD.
4. Wretched and poor though I am, *
the LORD is mindful of me.
You are my rescuer, my help; *
O my God, do not delay.

ALLELUIA

VII

A L- le- lu- ia, al- le- lu- ia, al- le- lu- ia.

Year A:

Cf. Matthew 4: 23

☩. Jesus proclaimed the Gospel *of the kingdom* *
and cured every disease among *the people*.

Year B:

John 10: 27

☩. Whoever eats my flesh and *drinks my blood* *
remains in me and I in him, says *the Lord*.

Year C:

John 10: 27

☩. My sheep hear my voice, *says the Lord*; *
I know them, and they *follow me*.

OFFERTORY ANTIPHON

Immittet angelus

*Ps 34 (33): 8, 9 · GR ○ ● **

VIII

HE an-gel of the Lord will en-camp a-round those
who fear him, and he shall res-cue them: Taste and see that
the Lord is good.

Psalm 34 (33): 2-3, 4-5, 6-7, 10-11

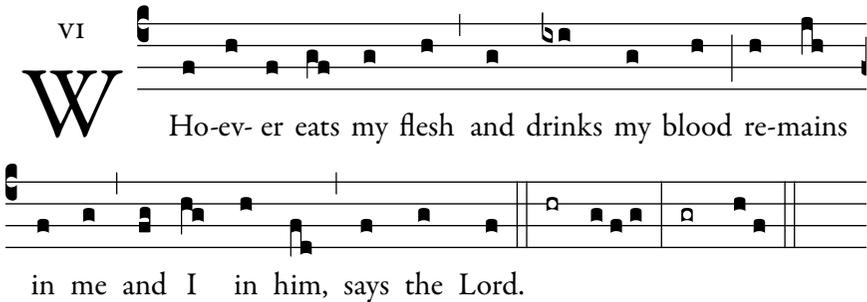
1. I will bless the LORD at *all* times; *
praise of him is always *in my* mouth.
In the LORD my soul shall make *its* boast; *
the humble shall hear *and be* glad.
2. Glorify the LORD *with me*; *
together let us *praise his* name.
I sought the LORD, and he *answered me*; *
from all my terrors he *set me* free.
3. Look towards him and *be* radiant; *
let your faces not *be* abashed.
This lowly one called; the LORD heard, *
and rescued him from all *his* distress.
4. Fear the LORD, you *his* holy ones. *
They lack nothing, *those who* fear him.
The rich suffer want and *go* hungry, *
but those who seek the LORD *lack no* blessing.

COMMUNION ANTIPHON (*Year B*)

Qui manducat

*Jn 6: 57 · GR ○ ● **

VI



W Ho-ev- er eats my flesh and drinks my blood re-mains

in me and I in him, says the Lord.

Psalm 119 (118): 1-2, 11, 49-50, 72 and 103, 105 and 162

1. Blessed are those whose *way is blameless*, *
who walk in the law of *the LORD!*
Blessed are those who keep *his decrees!* *
With all their hearts *they seek him.*
2. I treasure your word *in my heart*, *
lest I sin *against you.*
3. Remember your word *to your servant*, *
by which you made *me hope.*
This is my *comfort in sorrow:* *
that your promise gives *me life.*
4. The law from your mouth means *more to me* *
than large quantities of silver *and gold.*
How sweet is your promise *to my tongue*, *
more than honey in *the mouth.*
5. Your word is a lamp *for my feet*, *
and a light for *my path.*
I rejoice *at your promise*, *
like one who finds a *great treasure.*

6. Glory be to the Father, and *to the Son*, *
and to the Holy Spirit.

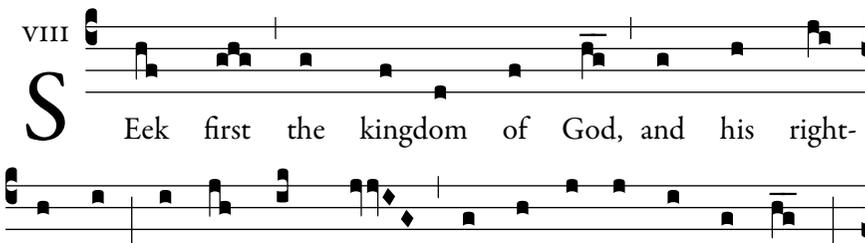
As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

Or: (Year C)

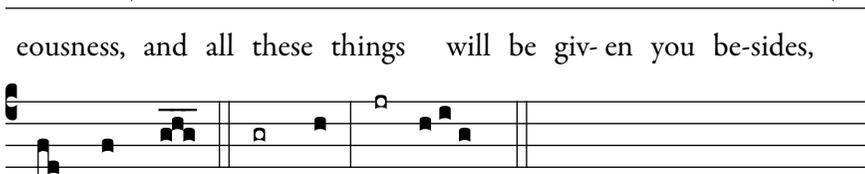
Primum quaerite

*Mt 6: 33 · GR ○ ● **

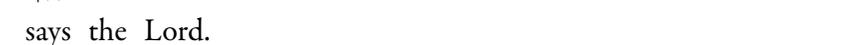
VIII



SEEK first the kingdom of God, and his right-



eousness, and all these things will be giv-en you be-sides,



says the Lord.

Psalm 37 (36): 1 and 3, 18-19, 23, 27-28ab, 28cd-29, 34

1. Do not fret because of the **wicked**; *
do not envy those *who do* evil,
Trust in the LORD and do **good**; *
then you will dwell in the land and *safely* pasture.
2. The LORD takes note of the days of the **blameless**; *
their heritage will *last forever*.
They shall not be put to shame in evil **days**; *
in time of famine they shall *have their* **fill**.
3. By the LORD are the steps made **firm** *
of one in whose path *He delights*.

4. Then turn away from evil and do **good**, *
and you may *abide forever*;
for indeed, the LORD loves **justice**, *
and will never forsake *his faithful*.

5. The unjust shall be wiped out forever, *
and the descendants of the wicked *destroyed*.
The just shall inherit the **land**; *
there they shall *abide forever*.

6. Then wait for the LORD, keep to his way. †
He will exalt you to inherit the **land**, *
and you will see the wicked *destroyed*.

7. Glory be to the Father, and to the **Son**, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever shall be, *
world without *end*. **Amen**.

Or: (*Years ABC*)

Ps 130 (129): 7 · RM ○

II
W

Ith the Lord there is mer-cy; in him is plen-ti-ful

re-dem-p-tion.

Psalm 130 (129): 1-2, 3-4, 5-6ab, 6c-7a and 8

1. Out of the depths I cry to you, O **LORD**; *
LORD, hear *my voice*!
O let your ears be *attentive* *
to the sound of *my pleadings*.

2. If you, O LORD, should mark iniquities, *
LORD, who *could* stand?
But with you is found forgiveness, *
that you may be *revered*.

3. I long for you, O LORD, *
my soul longs for *his* word.
My soul hopes in the LORD *
more than watchmen *for* daybreak.

4. More than watchmen for daybreak, *
let Israel hope for *the* LORD.
It is he who will redeem Israel *
from all its *iniquities*.

5. Glory be to the Father, and to the Son, *
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, *
world without end. *Amen*.

Or: (*Years ABC*)

*Jn 6: 51-52 · RM ○ ● **

VII

I

am the liv- ing bread that came down from heav-en,

says the Lord. Who-ev- er eats of this bread will live for

ev- er.

Psalm 119 (118): 1-2, 11, 49-50, 72, 103 and 105, 162

1. Blessed are those whose *way is blameless*, *
who walk in the law of *the LORD!*
Blessed are those who keep *his decrees!* *
With all their hearts *they seek him.*

2. I treasure your word *in my heart*, *
lest I sin *against you.*

3. Remember your word *to your servant*, *
by which you made *me hope.*
This is my *comfort in sorrow:* *
that your promise gives *me life.*

4. The law from your mouth means *more to me* *
than large quantities of silver *and gold.*

5. How sweet is your promise *to my tongue*, *
more than honey in *the mouth.*
Your word is a lamp *for my feet*, *
and a light for *my path.*

6. I rejoice *at your promise*, *
like one who finds a *great treasure.*

7. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit.*
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen.*