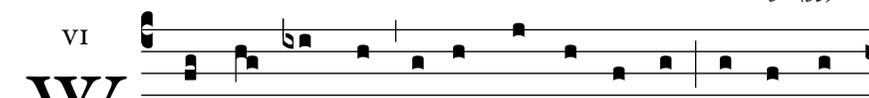


FIRST WEEK

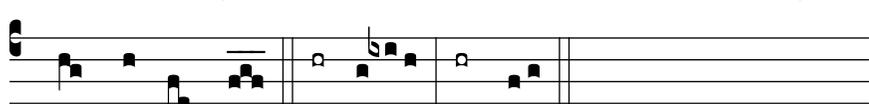
COMMUNION ANTIPHON

Ps 36 (35): 10

VI



W Ith you, O Lord, is the fountain of life, and in your



light we see light.

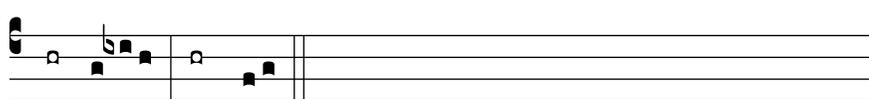
Simple Response:

Cf. Ps 36 (35): 10

VI



W Ith you, O Lord, is the fountain of life.



Psalm 36 (35): 2, 3-4, 5, 6-7, 8, 9

1. Transgression speaks *to the sinner* *
in the depths of *his heart*.
There is no *fear of God* *
before *his eyes*.
2. In his own eyes, he *flatters himself*, *
not to see and detest his *own guilt*.
The words of his mouth are mischief *and deceit*. *
He has ceased to be prudent and *do good*.
3. In bed he plots iniquity. †
He sets his foot on every *wicked way*; *
no evil does he *reject*.

4. Your mercy, LORD, reaches *to* heaven, *
your truth to *the* clouds.

Your justice is like God's mountains; †
like the great *deep*, your justice. *
Both man and beast you save, O LORD.

5. How precious is your mercy, O God! †
The children of *men seek* shelter *
in the shadow of *your* wings.

6. They feast on the riches *of your* house; *
you give them drink from the stream of your *delight*.

7. Glory be to the Father, and *to the* Son, *
and to the *Holy* Spirit.

As it was in the beginning, is now, and *ever shall* be, *
world without end. *Amen*.

Or:

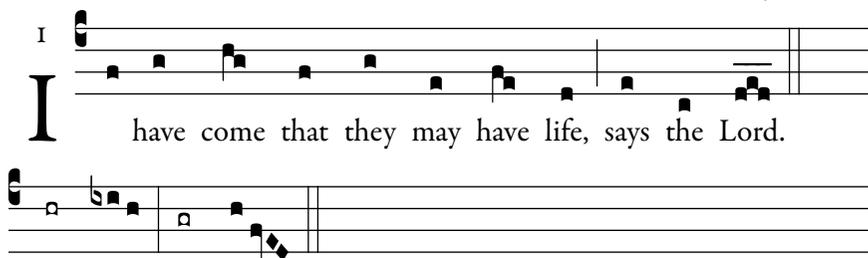
Jn 10: 10



I
I
have come that they may have life, and have it more
a-bundant-ly, says the Lord.

Simple Response:

Cf. Jn 10: 10



I
I
have come that they may have life, says the Lord.

Psalm 16 (15): 1-2, 5-6, 7-8, 9-10, 11

1. Preserve me, O God, for in you I take refuge. †
I say to the LORD, "You are *my* LORD.*
My happiness lies in you *alone*."
2. O LORD, it is you who are my portion *and* cup;*
you yourself who secure *my* lot.
Pleasant places are marked out *for* me:*
a pleasing heritage indeed *is* mine!
3. I will bless the LORD who gives *me* counsel,*
who even at night directs *my* heart.
I keep the LORD before *me* always;*
with him at my right hand, I shall not *be* moved.
4. And so, my heart rejoices, my soul *is* glad;*
even my flesh shall rest *in* hope.
For you will not abandon my soul *to* hell,*
nor let your holy one see *corruption*.
5. You will show me the path of life, †
the fullness of joy in *your* presence,*
at your right hand, bliss *forever*.
6. Glory be to the Father, and to *the* Son,*
and to the Holy Spirit.
As it was in the beginning, is now, and ever *shall* be,*
world without end. *Amen*.

—SECOND SUNDAY—

COMMUNION ANTIPHON

Cf. Ps 23 (22): 5

^v
Y OU have prepared a ta-ble be-fore me, and how precious



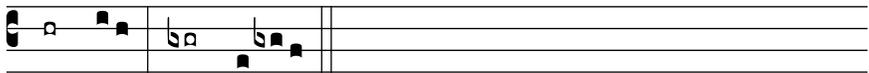
is the chal-ice that quenches my thirst.



Simple Response:

Cf. Ps 23 (22): 5

^v
Y OU have prepared a ta-ble be-fore me,



Psalm 23 (22): 1-3a, 3b-4, 5, 6

1. The LORD is *my* shepherd; *
there is nothing *I shall* want.

Fresh and green are *the* pastures *
where he gives *me* repose.

Near restful waters *he* leads me; *
he *revives* my soul.

2. He guides me along the *right* path, *
for the sake of *his* name.

Though I should walk in the valley of the shadow of death, †
no evil would I fear, for you *are* with me. *

Your crook and your staff will *give* me comfort.

3. You have prepared a table *before me* *
in the sight *of my foes*.

My head you have anointed *with oil*; *
my cup is *overflowing*.

4. Surely goodness and mercy shall *follow me* *
all the days *of my life*.

In the LORD's own house shall *I dwell* *
for length of *days unending*.

5. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*, *
world without *end. Amen*.

Or:

I Jn 4: 16

II
W

E have come to know and to be-lieve in the love

that God has for us.

Psalm 103 (102): 1-2, 3-5, 6-7, 8-10, 11-12

1. Bless the LORD, O *my soul*, *
and all within me, his *holy name*.

Bless the LORD, O *my soul*, *
and never forget *all his benefits*.

2. It is the LORD who forgives all *your sins*, *
who heals every one *of your ills*,
who redeems your life from *the grave*, *
who crowns you with mercy *and compassion*,
who fills your life with *good things*, *
renewing your youth *like an eagle's*.

3. The LORD does *just deeds*, *
gives full justice to all who *are oppressed*.
He made known his ways *to Moses*, *
and his deeds to the *children of Israel*.

4. The LORD is compassionate *and gracious*, *
slow to anger and *rich in mercy*.
He will not always *find fault*; *
nor persist in his *anger forever*.
He does not treat us according to *our sins*, *
nor repay us according *to our faults*.

5. For as the heavens are high above *the earth*, *
so strong his mercy for *those who fear* him.
As far as the east is from *the west*, *
so far from us does he remove *our transgressions*.

6. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without *end. Amen*.

COMMUNION ANTIPHON

Cf. Ps 34 (33): 6

VIII

Look toward the Lord and be ra-di-ant; let your fa-ces
not be abashed.

Psalm 34 (33): 2-3, 4-5, 8-9, 10-11, 12-13

1. I will bless the LORD at *all* times; *
praise of him is always *in my* mouth.
In the LORD my soul shall make *its* boast; *
the humble shall hear *and be* glad.
2. Glorify the LORD *with me*; *
together let us *praise his* name.
I sought the LORD, and he *answered me*; *
from all my terrors he *set me* free.
3. The angel of the LORD is *encamped* *
around those who fear him, to *rescue* them.
Taste and see that the LORD *is good*. *
Blessed the man who seeks *refuge in* him.
4. Fear the LORD, you *his* holy ones. *
They lack nothing, *those who* fear him.
The rich suffer want and *go hungry*, *
but those who seek the LORD *lack no* blessing.
5. Come, children, *and* hear me, *
that I may teach you the fear *of the* LORD.
Who is it that *desires life* *
and longs to see *prosperous* days?

6. Glory be to the Father, and to *the Son*,*
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*,*
world without *end. Amen.*

Or:

Jn 8: 12

VII
I am the light of the world, says the Lord: who-ev-
er fol-lows me will not walk in dark- ness, but will have
the light of life.

Simple Response:

Cf. Jn 8: 12

VII
W Ho-ev- er fol-lows me will have the light of life,
says the Lord.

Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10-11, 12-13

1. I will bless the LORD *at all times*;*
praise of him is always in *my mouth*.

In the LORD my soul shall *make its boast*;*
the humble shall hear and *be glad*.

2. Glorify the *LORD with me*; *
together let us praise *his name*.
I sought the LORD, and he *answered me*; *
from all my terrors he set *me free*.
3. Look towards him *and be radiant*; *
let your faces not be *abashed*.
This lowly one called; *the LORD heard*, *
and rescued him from all his *distress*.
4. The angel of the LORD *is encamped* *
around those who fear him, to *rescue them*.
Taste and see that the *LORD is good*. *
Blessed the man who seeks refuge *in him*.
5. Fear the LORD, *you his holy ones*. *
They lack nothing, those *who fear* him.
The rich suffer want *and go hungry*, *
but those who seek the LORD lack *no blessing*.
6. Come, *children, and hear me*, *
that I may teach you the fear of *the LORD*.
Who is it that *desires life* *
and longs to see *prosperous days*?
7. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

FOURTH SUNDAY

COMMUNION ANTIPHON

Cf. Ps 31 (30): 17-18

I

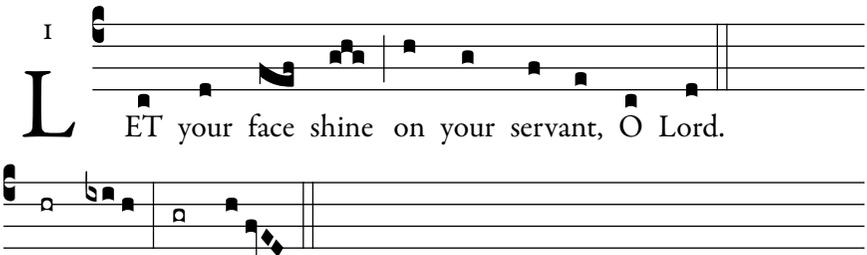


L ET your face shine on your servant. Save me in your
mer-ci-ful love. O Lord, let me ne-ver be put to shame,
for I call on you.

Simple Response:

Cf. Ps 31 (30): 17-18

I



L ET your face shine on your servant, O Lord.

Psalm 31 (30): 2-3a, 3bc-4, 5, 6, 8ab, 15-16a

1. In you, O LORD, I *take* refuge. *
Let me never be put *to* shame.
In your justice, set *me* free; *
incline your ear to me, and speedily rescue me.
2. Be a rock of refuge *for* me, *
a mighty stronghold *to* save me.
For you are my rock, *my* stronghold! *
Lead me, guide me, for the sake of *your* name.
3. Release me from the snare they *have* hidden, *
for you indeed are *my* refuge.

4. Into your hands I commend *my spirit*. *
 You will redeem me, O LORD, O faithful God.
5. Let me be glad and rejoice in *your mercy*, *
 for you who have seen my *affliction* *
6. But as for me, I trust in you, O LORD; †
 I say, "You are *my God*." *
 My lot is in your hands, *deliver* me.
7. Glory be to the Father, and to *the Son*, *
 and to the Holy Spirit.
 As it was in the beginning, is now, and ever *shall be*, *
 world without end. *Amen*.

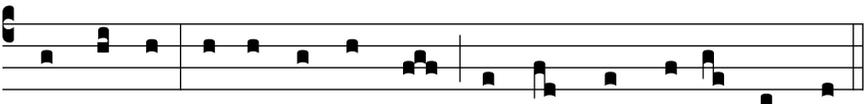
Or:

Mt 5: 3

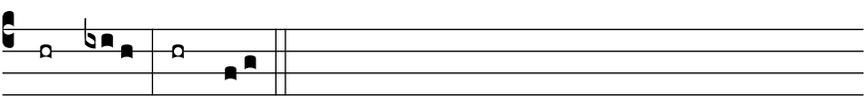
I



Blessed are the poor in spir-it, for theirs is the Kingdom



of Heaven. Blessed are the meek, for they shall possess the land.



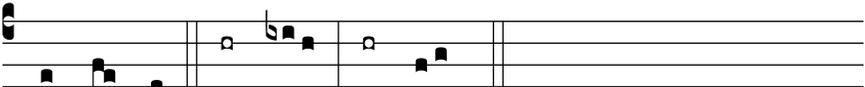
Simple Response:

Mt 5: 12

I



Re-joice and be glad, for your reward will be great



in heav-en.

Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10-11

1. I will bless the LORD at *all* times; *
praise of him is always in *my* mouth.
In the LORD my soul shall make *its* boast; *
the humble shall hear and *be* glad.

2. Glorify the LORD *with* me; *
together let us praise *his* name.
I sought the LORD, and he *answered* me; *
from all my terrors he set *me* free.

3. Look towards him and *be* radiant; *
let your faces not be *abashed*.
This lowly one called; the LORD *heard*, *
and rescued him from all his *distress*.

4. The angel of the LORD is *encamped* *
around those who fear him, to *rescue* them.
Taste and see that the LORD *is* good. *
Blessed the man who seeks refuge *in* him.

5. Fear the LORD, you *his* holy ones. *
They lack nothing, those *who* fear him.
The rich suffer want and *go* hungry, *
but those who seek the LORD lack *no* blessing.

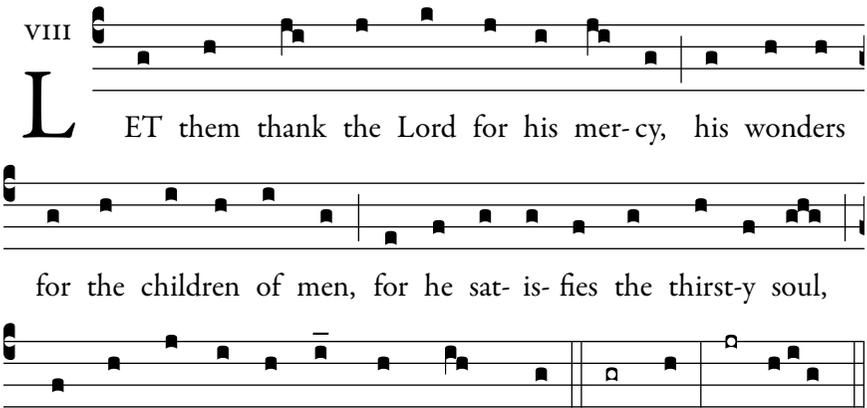
6. Glory be to the Father, and to *the* Son, *
and to the Holy Spirit.
As it was in the beginning, is now, and ever *shall* be, *
world without end. *Amen*.

FIFTH SUNDAY

COMMUNION ANTIPHON

Cf. Ps 107 (106): 8-9

VIII

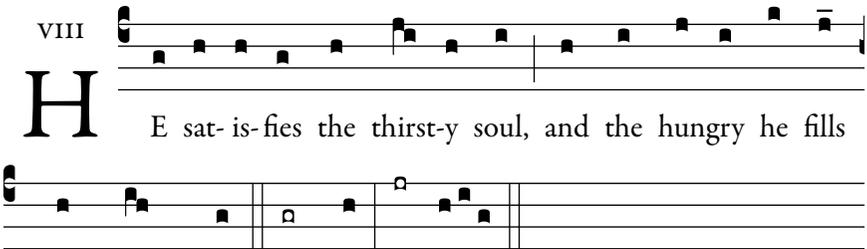


L ET them thank the Lord for his mer-cy, his wonders
for the children of men, for he sat- is- fies the thirst-y soul,
and the hun-gry he fills with good things.

Simple Response:

Cf. Ps 107 (106): 9

VIII



H E sat- is- fies the thirst-y soul, and the hun-gry he fills
with good things.

Psalm 107 (106): 1, 2-3, 4-5, 6-7

1. "O give thanks to the LORD for he is good; *
for his mercy endures forever."
2. Let the redeemed of the LORD say **this**, *
those he redeemed from the hand of *the foe*,
and gathered from far-off **lands**, *
from east and west, *north and south*.

3. They wandered in a barren **desert**, *
finding no way to a city *they could dwell* in.

Hungry they were and **thirsty**; *
their soul was fainting *within* them.

4. Then they cried to the LORD in their **need**, *
and he rescued them from *their distress*,
and he guided them along a straight **path**, *
to reach a city *they could dwell* in.

5. Glory be to the Father, and to the **Son**, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever shall be, *
world without *end*. Amen.

Or:

Mt 5: 5-6



B Lessed are those who mourn, for they shall be consoled.



Blessed are those who hunger and thirst for righteousness, for



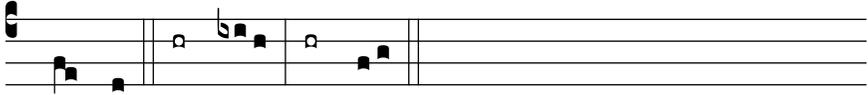
they shall have their fill.

Simple Response:

Mt 5: 12



R E-joice and be glad, for your reward will be great in



heav-en.

Psalm 37 (36): 1, 2, 16, 18, 19, 23, 27

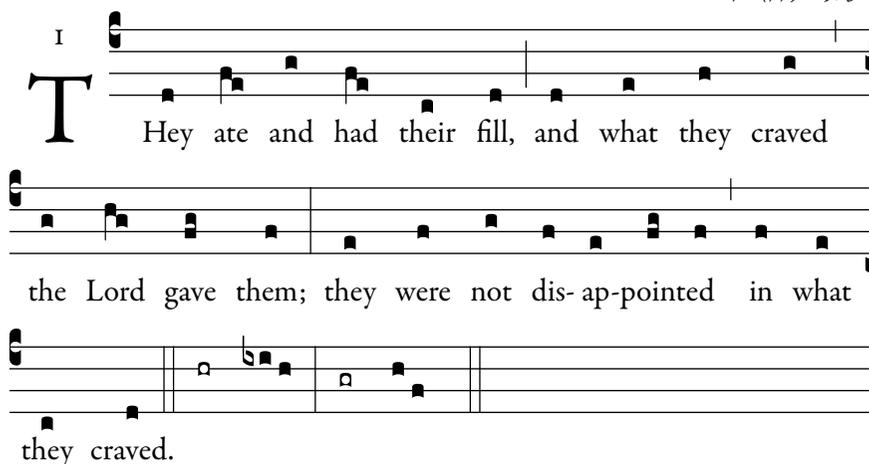
1. Do not fret because of *the wicked*; *
do not envy those who *do evil*,
2. for they wither quickly *like grass* *
and fade like the green of *the fields*.
3. Better the few possessions of *the just*, *
than the abundant wealth of *the wicked*;
4. The LORD takes note of the days of *the blameless*; *
their heritage will last *forever*.
5. They shall not be put to shame in *evil days*; *
in time of famine they shall have *their fill*.
6. By the LORD are the steps *made firm* *
of one in whose path He *delights*.
7. Then turn away from evil and *do good*, *
and you may abide *forever*;
8. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

SIXTH SUNDAY

COMMUNION ANTIPHON

Ps 78 (77): 29, 30

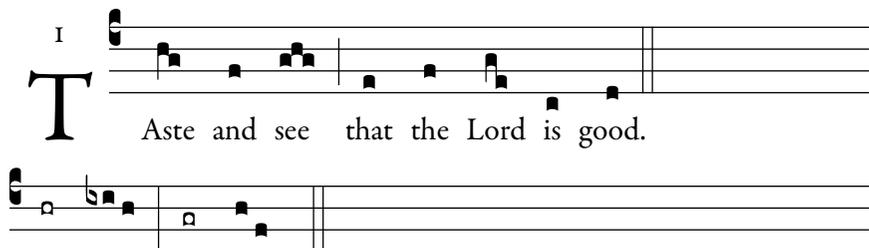
I
T Hey ate and had their fill, and what they craved
the Lord gave them; they were not dis-appoint- ed in what
they craved.



Simple Response:

Cf. Ps 34 (33): 9

I
T Taste and see that the Lord is good.



Psalm 78 (77): 1, 3-4, 23-24, 25, 27-28

1. Give ear, my people, to my **teaching**; *
incline your ear to the words of my **mouth**.
2. The things we have heard and understood, *
the things our fathers have **told** us,
these we will not hide from their **children** *
but will tell them to the next generation:
the glories of the LORD and his **might**, *
and the marvelous deeds he has **done**.

3. Yet he commanded the clouds **above**,*
and opened the gates of **heaven**.

He rained down manna to **eat**,*
and gave them bread from **heaven**.

4. Man ate the bread of **angels**.*

He sent them abundance of **food**;

5. He rained flesh upon them like **dust**,*
winged fowl like the sands of the **sea**.

He let it fall in the midst of their **camp**,*
and all around their **tents**.

6. Glory be to the Father, and to *the Son*,*
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*,*
world without end. *Amen*.

Or:

Jn 3: 16

VI

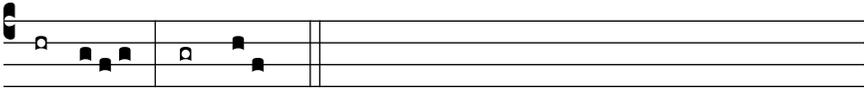
G OD so loved the world that he gave his On-ly Be-got-
ten Son, so that all who believe in him may not per- ish,
but may have e- ter-nal life.

Simple Response:

Jn 3: 16

VI

G OD so loved the world that he gave his On-ly Son.



Psalm 103 (102): 1-2, 3-5, 6-7, 8-10, 11-12

1. Bless the LORD, *O my soul*, *
and all within me, his *holy name*.
Bless the LORD, *O my soul*, *
and never forget all *his benefits*.
2. It is the LORD who forgives *all your sins*, *
who heals every one of *your ills*,
who redeems your life *from the grave*, *
who crowns you with mercy and *compassion*,
who fills your life *with good things*, *
renewing your youth like *an eagle's*.
3. The LORD *does just deeds*, *
gives full justice to all who are *oppressed*.
He made known his *ways to Moses*, *
and his deeds to the children of *Israel*.
4. The LORD is *compassionate and gracious*, *
slow to anger and rich *in mercy*.
He will not *always find fault*; *
nor persist in his anger *forever*.
He does not treat us according *to our sins*, *
nor repay us according to *our faults*.
5. For as the heavens are high *above the earth*, *
so strong his mercy for those *who fear him*.
As far as the east is *from the west*, *
so far from us does he remove our *transgressions*.

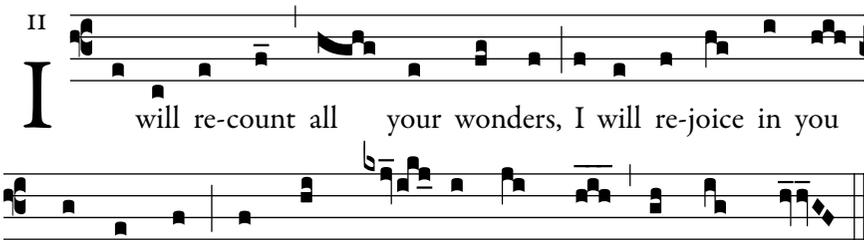
6. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

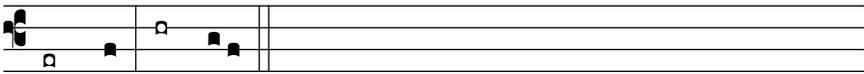
SEVENTH SUNDAY

COMMUNION ANTIPHON

Ps 9: 2-3



I will re-count all your wonders, I will re-joyce in you
and be glad, and sing psalms to your name, O Most High.

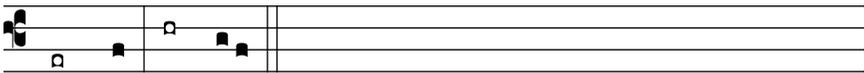


Simple Response:

Cf. Ps 9: 2-3



I will sing to your name, O Most High.



Psalm 9: 8, 9, 10, 11, 12-13

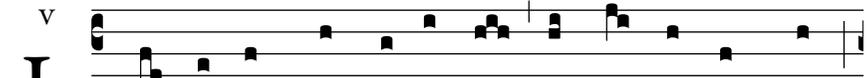
1. The LORD sits enthroned forever; *
he has set up his throne *for judgment*.
2. He will judge the world with justice; *
he will govern the peoples *with equity*.
3. For the oppressed, the LORD will be a stronghold, *
a stronghold in times of *distress*.
4. Those who know your name will **trust** you; *
you will not forsake those who seek you, *O LORD*.

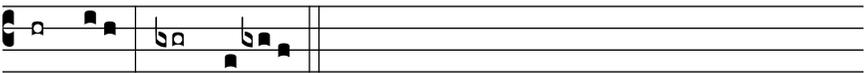
5. Sing psalms to the LORD who dwells in Sion. *
Tell his mighty works among *the* peoples,
for the Avenger of Blood has remembered *them*, *
has not forgotten the cry of *the* poor.

6. Glory be to the Father, and to the Son, *
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, *
world without end. *Amen*

Or:

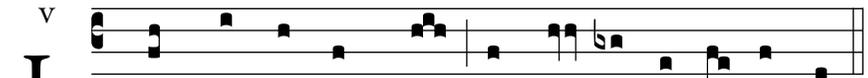
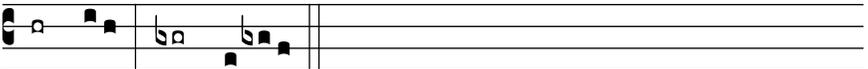
Jn 11: 27

V
Lord, I have come to be-lieve that you are the Christ,

the Son of the liv- ing God, who is com- ing in-to this world.



Simple Response:

Cf. Jn 11: 27

V
Lord, you are the Christ, the Son of the liv- ing God,



Psalm 23 (22): 1-3a, 3b-4, 5, 6

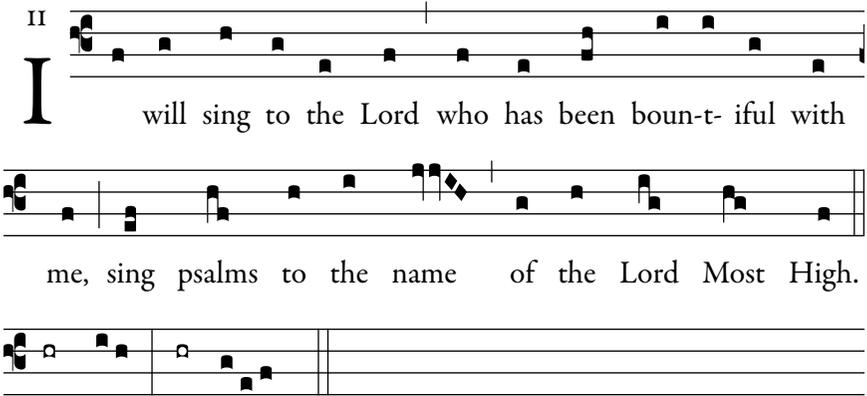
1. The LORD is *my shepherd*; *
there is nothing *I shall want*.
Fresh and green are *the pastures* *
where he gives *me repose*.
Near restful waters *he leads me*; *
he *revives my soul*.
2. He guides me along the *right path*, *
for the sake of *his name*.
Though I should walk in the valley of the shadow of death, †
no evil would I fear, for you *are with me*. *
Your crook and your staff will *give me comfort*.
3. You have prepared a table *before me* *
in the sight of *my foes*.
My head you have anointed *with oil*; *
my cup is *overflowing*.
4. Surely goodness and mercy shall *follow me* *
all the days of *my life*.
In the LORD's own house shall *I dwell* *
for length of *days unending*.
5. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without *end. Amen*.

EIGHTH SUNDAY

COMMUNION ANTIPHON

Cf. Ps 13 (12): 6

II

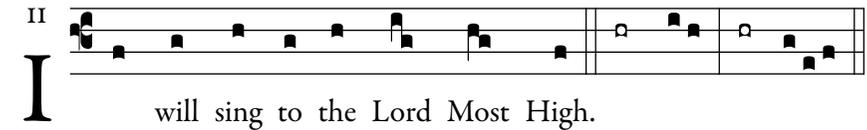


I will sing to the Lord who has been boun-t-iful with
me, sing psalms to the name of the Lord Most High.

Simple Response:

Cf. Ps 13 (12): 6

II



I will sing to the Lord Most High.

Psalm 13 (12): 2, 3, 4, 5, 6, 7

1. How long, O LORD? Will you forget me *forever*? *
How long will you hide your *face from me*?
2. How long must I bear grief in my soul, †
have sorrow in my heart all *day long*? *
How long shall my enemy prevail *over me*?
3. Look, answer me, LORD *my God*! *
Give light to my eyes lest I fall *asleep in death*;
4. lest my enemy say, "I have *overcome him*"; *
lest my foes rejoice when they *see me fall*.
5. As for me, I trust in your *merciful love*. *
Let my heart rejoice in *your salvation*.

6. I will sing to the LORD who has been bountiful *with me*. *
I will sing psalms to the name of the *LORD Most High*.

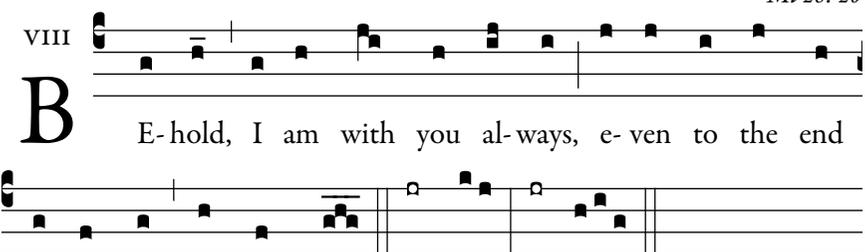
7. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*, *
world without *end*. *Amen*.

Or:

Mt 28: 20

VIII



BE-hold, I am with you al-ways, e-ven to the end
of the age, says the Lord.

Psalm 68 (67)

1. Let God arise; let his foes *be scattered*. *
Let those who hate him flee *from his presence*.
2. O sing to God; make music to his name. †
Extol the One who rides on *the clouds*. *
The LORD is his name; exult *at his presence*.
Father of orphans, defender *of widows*: *
such is God in his *holy place*.
3. You have ascended on high; leading captivity captive †
as tribute receiving prisoners, *O God*, *
so that even rebels may dwell near *the LORD God*.
4. Day after day, may the LORD *be blest*. *
He bears our burdens; God *is our savior*.
This God of ours is a God *who saves*. *
The LORD our LORD provides an *escape from death*.

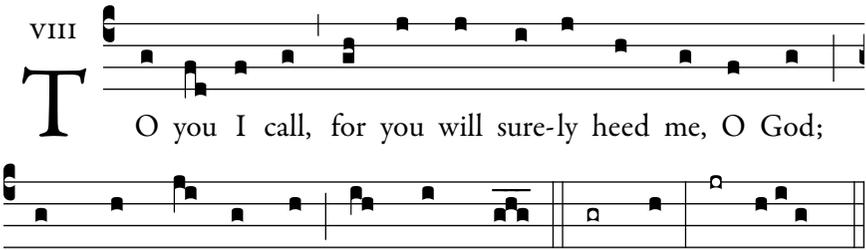
5. They see your solemn procession, *O God*, *
the procession of my God, of my king, to the *holy place*:
6. Summon forth your might, *O God*; *
your might, O God, which you have *shown for us*.
From your temple high in *Jerusalem*, *
kings will come to you bringing *their tribute*.
7. Rebuke the wild beast that dwells in the reeds, †
the bands of the mighty and rulers of *the peoples*. *
Scatter the peoples who *delight in war*.
Rich merchants will make their way *from Egypt*; *
Ethiopia will stretch out her *hands to God*.
8. Behold, he thunders his voice, his mighty *voice*. *
Come, acknowledge the *power of God*.
9. His glory is on Israel; his might is in *the skies*. *
Awesome is God in his *holy place*.
He is God, the God *of Israel*. *
He himself gives strength and power *to his people*.
10. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without *end. Amen*.

NINTH SUNDAY

COMMUNION ANTIPHON

Ps 17 (16): 6

VIII



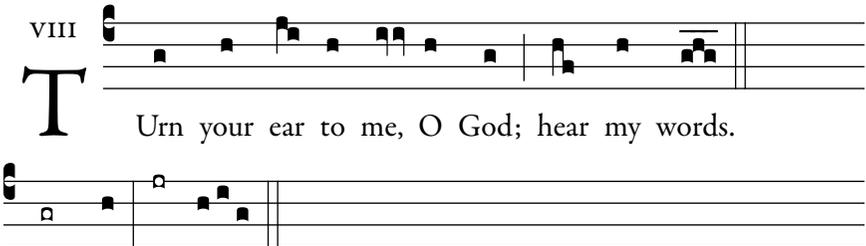
O you I call, for you will sure-ly heed me, O God;

turn your ear to me; hear my words.

Simple Response:

Cf. Ps 17 (16): 6

VIII



Urn your ear to me, O God; hear my words.

Psalm 17 (16): 1ab and 2, 5 and 7, 8-9a, 15

1. O LORD, hear a cause that is **just**; *
pay heed *to my cry*.
From you may my justice come **forth**. *
Your eyes discern *what is upright*.
2. I kept my steps firmly in your **paths**. *
My feet have *never faltered*.
Display your merciful love. †
By your right hand you deliver from their **foes** *
those who put their *trust in you*.
3. Guard me as the apple of your eye. †
Hide me in the shadow of your **wings** *
from the violent attack *of the wicked*.

4. As for me, in justice I shall behold your **face**; *
when I awake I shall be filled with the vision of *your presence*.

5. Glory be to the Father, and to the **Son**, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever shall **be**, *
world without *end. Amen*.

Or:

Mk 11: 23-24

I
A - men I say to you: Whatev- er you ask for in
prayer, be-lieve that you will re-ceive it, and it will be yours,
says the Lord.

Simple Response:

Ps 61 (60): 2

I
L Is- ten, O God, to my cry! At- tend to my prayer.

Psalm 61 (60): 2-3b, 3c-4, 5-6, 7-8, 9

1. [Listen, O God, to *my* cry! *
Attend to *my* prayer!]

From the end of the earth *I* call you; *
my heart *is* faint.

2. Set me high upon *the rock* *
too high for me *to reach*,
you, my refuge and mighty **tower** *
against *the foe*.

3. Then will I dwell in your tent *forever*, *
and hide in the shelter of *your wings*.
For you, O God, have heard my vows; †
you have given me the heritage *of those* *
who fear *your name*.

4. Day upon day you will add to *the king*; *
his years as age upon *age*.
May he ever sit enthroned *before God*: *
bid mercy and truth be his *protection*.

5. So I will sing to your name *forever*, *
and day after day fulfill *my vows*.

6. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

TENTH SUNDAY

COMMUNION ANTIPHON

Ps 18 (17): 3

II
T HE Lord is my rock, my fortress, and my de- liv-
er- er; my God is my sav- ing strength.

Simple Response:

Cf. Ps 18 (17): 3

II
M Y God is my sav- ing strength.

Psalm 18 (17): 4, 7, 28-29, 32-33, 36

1. I cry out, "Praised be the **LORD!**" *
and see, I am saved from *my* foes.
2. In my anguish I called to the **LORD;** *
I cried to my God *for* help.
From his temple he heard my **voice;** *
my cry to him reached *his* ears.
3. For you save a lowly **people,** *
but bring low the eyes that *are* proud.
It is you who give light to my **lamp;** *
the **LORD** my God lightens *my* darkness.
4. For who is God but the **LORD?** *
Who is a rock but *our* God?
It is God who girds me with **strength,** *
and keeps my path free *of* blame.

5. You gave me your saving shield; †
with your right hand, you gave me support; *
you bent down to make *me* great.
6. Glory be to the Father, and to the Son, *
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, *
world without end. *Amen*.

Or:

1 Jn 4: 16

VIII
G OD is love, and who-ev- er a- bides in love
 a- bides in God, and God in him.

Simple Response:

Ps 103 (102): 1a

VIII
B Less the Lord, O my soul.

Psalm 103 (102): 1-2, 3-4, 5-6, 7-8, 9-10, 11-12

1. Bless the LORD, O my soul, *
and all within me, his *holy* name.
Bless the LORD, O my soul, *
and never forget *all his* benefits.
2. It is the LORD who forgives all your sins, *
who heals every one *of your* ills,
who redeems your life from the grave, *
who crowns you with mercy *and* compassion.

3. Who fills your life with good **things**, *
renewing your youth *like an eagle's*.
The LORD does just **deeds**, *
gives full justice to all who *are oppressed*.

4. He made known his ways to **Moses**, *
and his deeds to the *children of Israel*.
The LORD is compassionate and **gracious**, *
slow to anger and *rich in mercy*.

5. He will not always find **fault**; *
nor persist in his anger *forever*.
He does not treat us according to our **sins**, *
nor repay us according *to our faults*.

6. For as the heavens are high above the **earth**, *
so strong his mercy for *those who fear* him.
As far as the east is from the **west**, *
so far from us does he remove *our transgressions*.

7. Glory be to the Father, and to the **Son**, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever shall **be**, *
world without *end. Amen*.

ELEVENTH SUNDAY

COMMUNION ANTIPHON

Ps 27 (26): 4

VII

T

Here is one thing I ask of the Lord, on-ly this



do I seek: to live in the house of the Lord all the days



of my life.

Simple Response:

Cf. Ps 27 (26): 4

VII

O

N-ly this do I seek: to live in the house



of the Lord.

Psalm 27 (26): 1, 2, 3, 8c-9abc, 11, 13-14

1. The LORD is my light and my salvation; *
whom shall I fear?
The LORD is the stronghold of my life; *
whom should I dread?
2. When those who do evil draw near *
to devour my flesh,
it is they, my enemies and foes, *
who stumble and fall.

3. Though an army encamp **against** me, *
my heart would not **fear**.

Though war break out **against** me, *
even then would I **trust**.

4. It is your face, O LORD, that I **seek**; *
hide not your face from **me**.

Dismiss not your servant in **anger**; *
you have been my **help**.

5. Instruct me, LORD, in your way; †
on an even path **lead** me *
because of my **enemies**.

6. I believe I shall see the LORD's **goodness** *
in the land of the **living**.

Wait for the LORD; be **strong**; *
be stouthearted, and wait for the **LORD!**

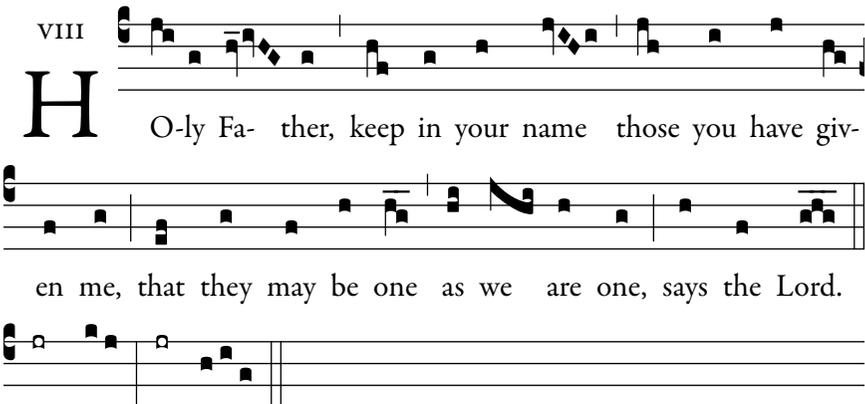
7. Glory be to the Father, and *to the Son*, *
and to the **Holy Spirit**.

As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

Or:

Jn 17: 11

VIII



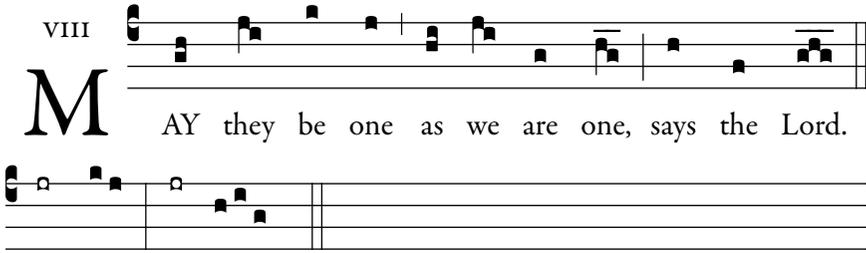
H O-ly Fa- ther, keep in your name those you have giv-

en me, that they may be one as we are one, says the Lord.

Simple Response:

Cf. Jn 17: 11

VIII



MAY they be one as we are one, says the Lord.

Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10-11, 12-13

1. I will bless the LORD at *all* times; *
praise of him is always *in my* mouth.
In the LORD my soul shall make *its* boast; *
the humble shall hear *and be* glad.
2. Glorify the LORD *with me*; *
together let us *praise his* name.
I sought the LORD, and he *answered me*; *
from all my terrors he *set me* free.
3. Look towards him and *be* radiant; *
let your faces not *be* abashed.
This lowly one called; the LORD *heard*, *
and rescued him from all *his* distress.
4. The angel of the LORD is *encamped* *
around those who fear him, to *rescue* them.
Taste and see that the LORD *is good*. *
Blessed the man who seeks *refuge in* him.
5. Fear the LORD, you *his* holy ones. *
They lack nothing, *those who* fear him.
The rich suffer want and *go* hungry, *
but those who seek the LORD *lack no* blessing.

6. Come, children, *and* **hear** me, *
that I may teach you the fear *of the* **LORD**.

Who is it that *desires* **life** *
and longs to see *prosperous* **days**?

7. Glory be to the Father, and to *the* **Son**, *
and to the *Holy* **Spirit**.

As it was in the beginning, is now, and ever *shall* **be**, *
world without *end*. **Amen**.

—TWELFTH SUNDAY—

COMMUNION ANTIPHON

Ps 145 (144): 15

1
T HE eyes of all look to you, Lord, and you give them
their food in due sea-son.

Simple Response:

Cf. Ps 145 (144): 15

1
T HE eyes of all look to you, O Lord,

Psalm 145 (144): 1, 2-3, 4-5, 6-7, 8-9, 10-11, 12-13

1. I will extol you, my God *and king*, *
and bless your name *forever and ever*.
2. I will bless you *day after day*, *
and praise your name *forever and ever*.
The LORD is great and highly to *be praised*; *
his greatness cannot *be measured*.
3. Age to age shall proclaim *your works*, *
shall declare your mighty *deeds*.
They will tell of your great glory *and splendor*, *
and recount your wonderful *works*.

4. They will speak of your awesome **deeds**, *
recount your greatness *and* **might**.
They will recall your abundant **goodness**, *
and sing of your just deeds *with* **joy**.

5. The LORD is kind and full of *compassion*, *
slow to anger, abounding *in* **mercy**.
How good is the LORD *to all*, *
compassionate to all *his* **creatures**.

6. All your works shall thank you, *O LORD*, *
and all your faithful *ones* **ble**s you.
They shall speak of the glory of *your* **reign**, *
and declare your mighty **deeds**,

7. To make known your might to the children *of* **men**, *
and the glorious splendor of *your* **reign**.
Your kingdom is an everlasting **kingdom**; *
your rule endures for all generations.
The LORD is faithful in all *his* **words**, *
and holy in all *his* **deeds**.

8. Glory be to the Father, and to *the* **Son**, *
and to the Holy **Spirit**.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

Or:

Jn 10: 11, 15

VIII

I am the Good Shepherd, and I lay down my life for

my sheep, says the Lord.

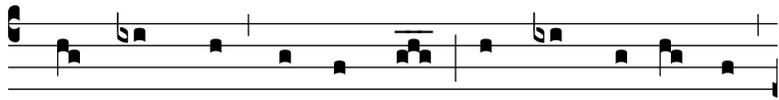
Psalm 23 (22): 1-3a, 3bc-4, 5, 6

1. The LORD is my **shepherd**; *
there is nothing *I shall want*.
Fresh and green are the **pastures** *
where he gives *me repose*.
Near restful waters he **leads** me; *
he *revives my soul*.
2. He guides me along the right **path**, *
for the sake *of his name*.
Though I should walk in the valley of the shadow of death, †
no evil would I fear, for you are **with me**. *
Your crook and your staff will *give me comfort*.
3. You have prepared a table **before me** *
in the sight *of my foes*.
My head you have anointed with **oil**; *
my cup is *overflowing*.
4. Surely goodness and mercy shall follow **me** *
all the days *of my life*.
In the LORD's own house shall I **dwell** *
for length of *days unending*.
5. Glory be to the Father, and to the **Son**, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever shall **be**, *
world without *end. Amen*.

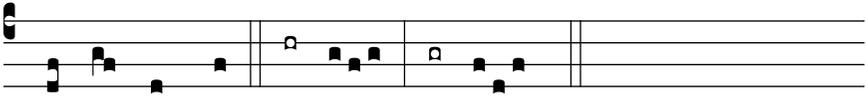
THIRTEENTH SUNDAY

COMMUNION ANTIPHON

Ps 103 (102): 1

VI 

B Less the Lord, O my soul, and all with-in me,



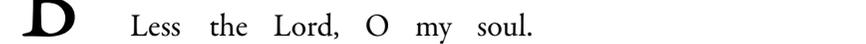
his ho- ly name.

Simple Response:

Ps 103 (102): 1a

VI 

B Less the Lord, O my soul.



Psalm 103 (102): 2, 3-5, 6-7, 8-10, 11-12

1. Bless the LORD, *O my soul*, *
and never forget *all his* benefits.
2. It is the LORD who forgives *all your sins*, *
who heals every one *of your ills*,
who redeems your life *from the grave*, *
who crowns you with mercy *and compassion*,
who fills your life *with good things*, *
renewing your youth *like an eagle's*.
3. The LORD *does just deeds*, *
gives full justice to all who *are oppressed*.
He made known his *ways to Moses*, *
and his deeds to the *children of Israel*.

4. The LORD is *compassionate and gracious*, *
slow to anger and *rich in mercy*.

He will not *always find fault*; *
nor persist in his anger *forever*.

He does not treat us according *to our sins*, *
nor repay us according *to our faults*.

5. For as the heavens are high *above the earth*, *
so strong his mercy for *those who fear him*.

As far as the east is *from the west*, *
so far from us does he remove *our transgressions*.

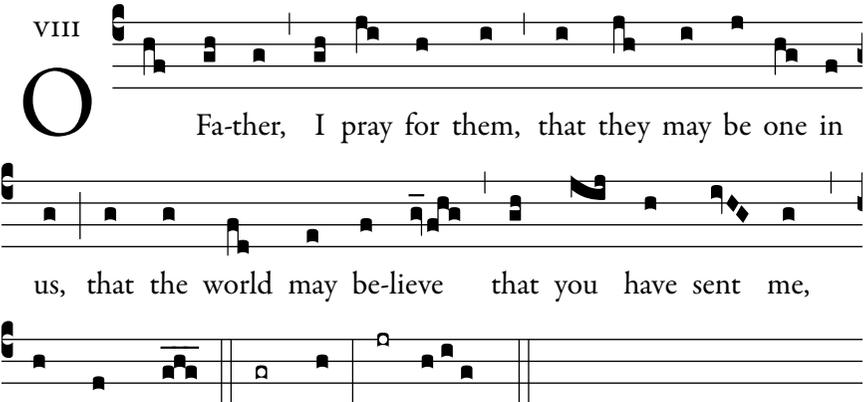
6. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and *ever shall be*, *
world without *end. Amen*.

Or:

Jn 17: 20-21

VIII



O Fa-ther, I pray for them, that they may be one in
us, that the world may be-lieve that you have sent me,
says the Lord.

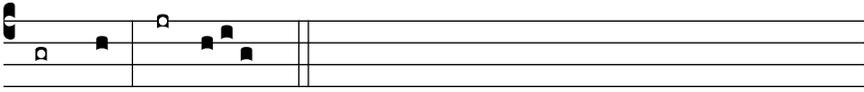
Simple Response:

Cf. Jn 17: 11

VIII



MAY they be one as we are one, says the Lord.



Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10-11, 12-13

1. I will bless the LORD at all **times**; *
praise of him is always *in my mouth*.
In the LORD my soul shall make its **boast**; *
the humble shall hear *and be glad*.

2. Glorify the LORD with **me**; *
together let us *praise his name*.
I sought the LORD, and he answered **me**; *
from all my terrors he *set me free*.

3. Look towards him and be **radiant**; *
let your faces not *be abashed*.
This lowly one called; the LORD **heard**, *
and rescued him from all *his distress*.

4. The angel of the LORD is **encamped** *
around those who fear him, to *rescue them*.
Taste and see that the LORD is **good**. *
Blessed the man who seeks *refuge in him*.

5. Fear the LORD, you his **holy ones**. *
They lack nothing, *those who fear him*.
The rich suffer want and go **hungry**, *
but those who seek the LORD *lack no blessing*.

6. Come, children, and **hear me**, *
that I may teach you the fear *of the LORD*.
Who is it that desires **life** *
and longs to see *prosperous days*?

7. Glory be to the Father, and to the **Son**,*
and to the *Holy Spirit*.

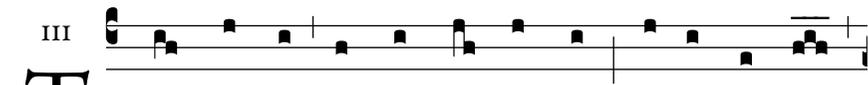
As it was in the beginning, is now, and ever shall **be**,*
world without *end*. **Amen**.

FOURTEENTH SUNDAY

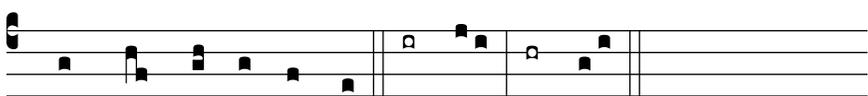
COMMUNION ANTIPHON

Ps 34 (33): 9

III



T Aste and see that the Lord is good; blessed the man



who seeks ref-uge in him.

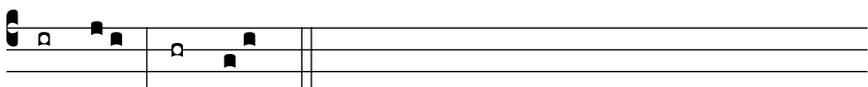
Simple Response:

Cf. Ps 34 (33): 9

III



T Aste and see that the Lord is good.



Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10-11, 12-13

1. I will bless the LORD at *all* times; *
praise of him is always in *my* mouth.
In the LORD my soul shall make *its* boast; *
the humble shall hear and *be* glad.
2. Glorify the LORD *with* me; *
together let us praise *his* name.
I sought the LORD, and he *answered* me; *
from all my terrors he set *me* free.
3. Look towards him and *be* radiant; *
let your faces not be *abashed*.
This lowly one called; the LORD heard, *
and rescued him from all his *distress*.

4. The angel of the LORD is *encamped* *
around those who fear him, to *rescue* them.

Taste and see that the LORD *is good*. *
Blessed the man who seeks refuge *in* him.

5. Fear the LORD, you *his* holy ones. *
They lack nothing, those *who* fear him.

The rich suffer want and *go* hungry, *
but those who seek the LORD lack *no* blessing.

6. Come, children, *and* hear me, *
that I may teach you the fear of *the* LORD.

Who is it that *desires* life *
and longs to see prosperous days?

7. Guard your tongue *from* evil, *
and your lips from speaking *deceit*.

Turn aside from evil and *do* good. *
Seek after peace, and *pursue* it.

8. Glory be to the Father, and to *the* Son, *
and to the Holy Spirit.

As it was in the beginning, is now, and ever *shall* be, *
world without end. *Amen*.

Or:

Mt 11: 28

III

C

Come to me, all who la- bor and are burdened,

and I will re-fresh you, says the Lord.

Simple Response:

Cf. Mt II: 28

III

Ome to me, and I will refresh you, says the Lord.

Psalm 25 (24): 1-3, 4-5, 6, 7, 8-9, 10-11

1. To you, O LORD, I lift up *my* soul. *
In you, O my God, I *have* trusted;
let me not be put *to* shame; *
let not my enemies exult *over* me.
Let none who hope in you be put *to* shame; *
but shamed are those who wantonly *break* faith.
2. O LORD, make me know *your* ways. *
Teach me *your* paths.
Guide me in your truth, and teach me; †
for you are the God of my *salvation*. *
I have hoped in you all *day* long.
3. Remember your compassion, O LORD, †
and your *merciful* love, *
for they are from *of* old.
4. Do not remember the sins of *my* youth, *
nor my *transgressions*.
In your merciful love remember *me*, *
because of your goodness, O LORD.
5. Good and upright is *the* LORD; *
he shows the way *to* sinners.
He guides the humble in *right* judgment; *
to the humble he teaches *his* way.

6. All the LORD's paths are mercy *and* **faithfulness**, *
for those who keep his covenant and *commands*.

O LORD, for the sake of *your name*, *
forgive my guilt, for it *is great*.

7. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

FIFTEENTH SUNDAY

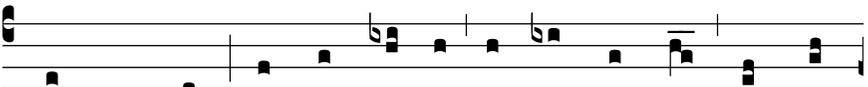
COMMUNION ANTIPHON

Cf. Ps 84 (83): 4-5

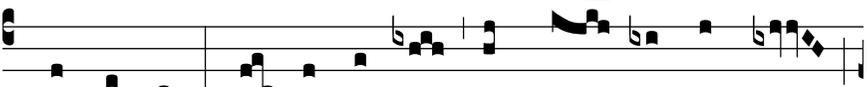
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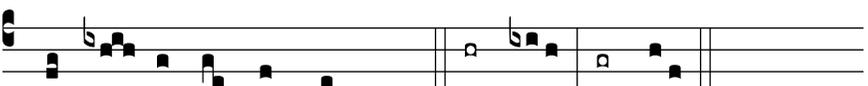
T HE sparrow finds a home, * and the swallow a nest



for her young: by your al-tars, O Lord of hosts, my King



and my God. Bles-sed are they who dwell in your house,



for ev-er sing-ing your praise.

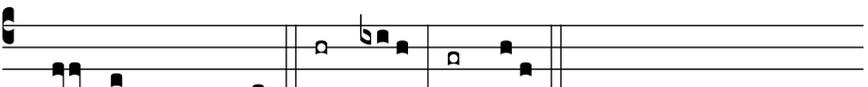
Simple Response:

Cf. Ps 84 (83): 5

I



B Les-sed are they who dwell in your house, for ev-er



sing-ing your praise.

Psalm 84 (83): 2-3, 9-10, 11, 12-13

1. How lovely is *your dwelling* place, *
O LORD of hosts.
My soul is longing *and yearning* *
for the courts of *the* LORD.
My heart and my flesh *cry out* *
to the *living* God.

2. O LORD God of hosts, hear *my prayer*; *
give ear, O God *of Jacob*.
Turn your eyes, O God, *our shield*; *
look on the face of your *anointed*.

3. One day within *your courts* *
is better than a thousand *elsewhere*.
The threshold of the house *of God* *
I prefer to the dwellings of *the wicked*.

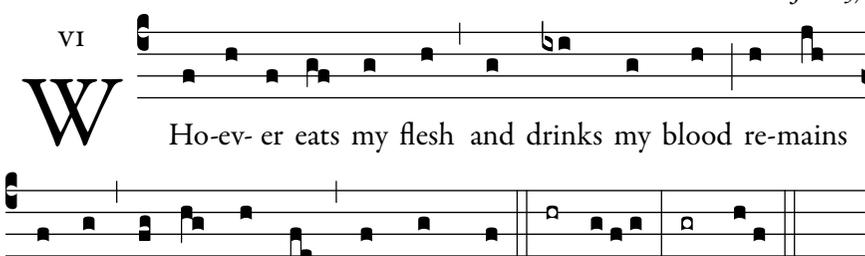
4. For the LORD God is a sun, *a shield*; *
the LORD will give us his favor *and glory*.
he will not withhold any *good* *
to those who walk *without blame*.
O LORD of hosts, *how blessed* *
is the man who trusts *in you!*

5. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

Or:

Jn 6: 57

VI



Who-ev- er eats my flesh and drinks my blood re-mains
in me and I in him, says the Lord.

Psalm 119 (118): 1-2, 11, 49-50, 72 and 103, 105 and 162

1. Blessed are those whose *way is blameless*, *
who walk in the law of *the LORD!*
Blessed are those who keep *his decrees!* *
With all their hearts *they seek him*.

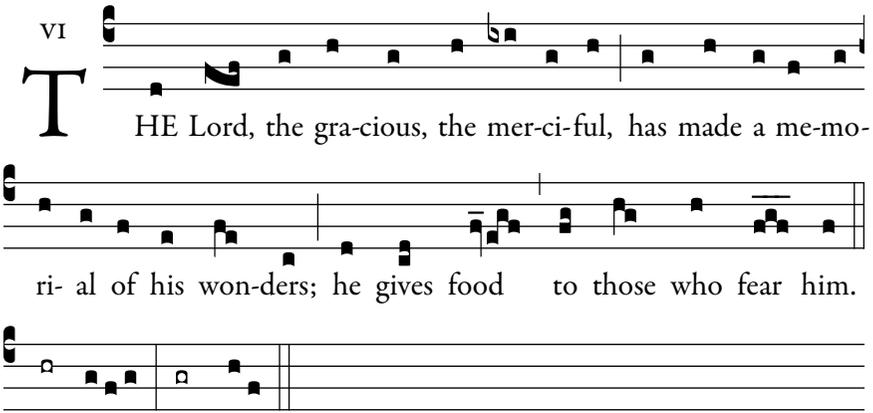
2. I treasure your word *in my heart*, *
lest I sin *against you*.
3. Remember your word *to your servant*, *
by which you made *me hope*.
This is my *comfort in sorrow*: *
that your promise gives *me life*.
4. The law from your mouth means *more to me* *
than large quantities of silver *and gold*.
How sweet is your promise *to my tongue*, *
more than honey in *the mouth*.
5. Your word is a lamp *for my feet*, *
and a light for *my path*.
I rejoice *at your promise*, *
like one who finds a *great treasure*.
6. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

SIXTEENTH SUNDAY

COMMUNION ANTIPHON

Ps III (110): 4-5

VI

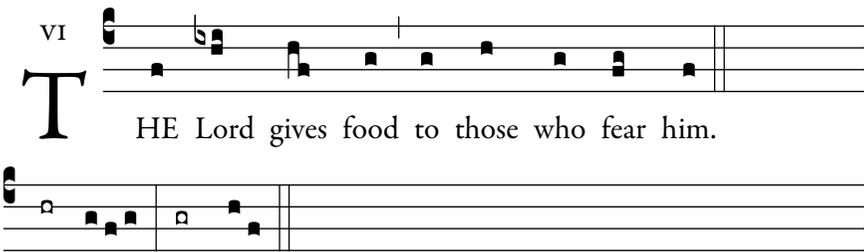


THE Lord, the gra-cious, the mer-ci-ful, has made a me-mo-ri- al of his won-ders; he gives food to those who fear him.

Simple Response:

Cf. Ps III (110): 4-5

VI



THE Lord gives food to those who fear him.

Psalm III (110): 1b-2, 3, 6, 7-8, 9, 10

1. I will praise the LORD with *all my heart*, *
in the meeting of the just and the *assembly*.
Great are the works *of the LORD*, *
to be pondered by all who delight *in them*.
2. Majestic and glorious *his work*; *
his justice stands firm *forever*.
3. His mighty works he has shown *to his people* *
by giving them the heritage *of nations*.

4. His handiwork is *justice and truth*; *
his precepts are all of *them sure*,
standing firm *forever and ever*, *
wrought in uprightness *and truth*.

5. He has sent redemption to his people, †
and established his *covenant forever*. *
Holy his name, to *be feared*.

6. The fear of the LORD is the beginning of wisdom; †
understanding marks all *who attain it*. *
His praise endures *forever!*

7. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

Or:

Rev 3: 20

I
B E-hold, I stand at the door and knock, says the Lord.
If a-ny-one hears my voice and o-pens the door to me,
I will en-ter his house and dine with him, and he with me.

Simple Response:

Cf. Rev 3: 20

I stand at the door and knock, says the Lord.

Psalm 23 (22): 1-3a, 3b-4, 5, 6

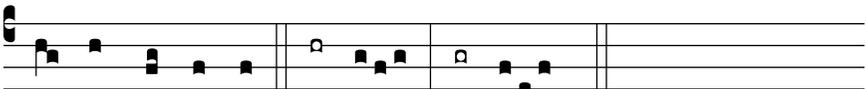
1. The LORD is *my* shepherd; *
there is nothing I *shall* want.
Fresh and green are *the* pastures *
where he gives me *rep*ose.
Near restful waters *he* leads me; *
he revives *my* soul.
2. He guides me along the *right* path, *
for the sake of *his* name.
Though I should walk in the valley of the shadow of death, †
no evil would I fear, for you *are* with me. *
Your crook and your staff will give *me* comfort.
3. You have prepared a table *before* me *
in the sight of *my* foes.
My head you have anointed *with* oil; *
my cup is *over*flowing.
4. Surely goodness and mercy shall *follow* me *
all the days of *my* life.
In the LORD's own house shall *I* dwell *
for length of days *un*ending.
5. Glory be to the Father, and to *the* Son, *
and to the Holy Spirit.
As it was in the beginning, is now, and ever *shall* be, *
world without end. *Amen*.

SEVENTEENTH SUNDAY

COMMUNION ANTIPHON

Ps 103 (102): 2

VI 
B Less the Lord, O my soul, and nev-er for-get


all his ben- e- fits.

Simple Response:

Ps 103 (102): 1a

VI 
B Less the Lord, O my soul.

Psalm 103 (102): 1, 3-5, 6-7, 8-10, 11-12

1. Bless the LORD, *O my soul*, *
and all within me, his *holy name*.
2. It is the LORD who forgives *all your sins*, *
who heals every one *of your ills*,
who redeems your life *from the grave*, *
who crowns you with mercy *and compassion*,
who fills your life *with good things*, *
renewing your youth *like an eagle's*.
3. The LORD *does just deeds*, *
gives full justice to all who *are oppressed*.
He made known his *ways to Moses*, *
and his deeds to the *children of Israel*.

4. The LORD is *compassionate and gracious*, *
slow to anger and *rich in mercy*.

He will not *always find fault*; *
nor persist in his anger *forever*.

He does not treat us according *to our sins*, *
nor repay us according *to our faults*.

5. For as the heavens are high *above the earth*, *
so strong his mercy for *those who fear him*.

As far as the east is *from the west*, *
so far from us does he remove *our transgressions*.

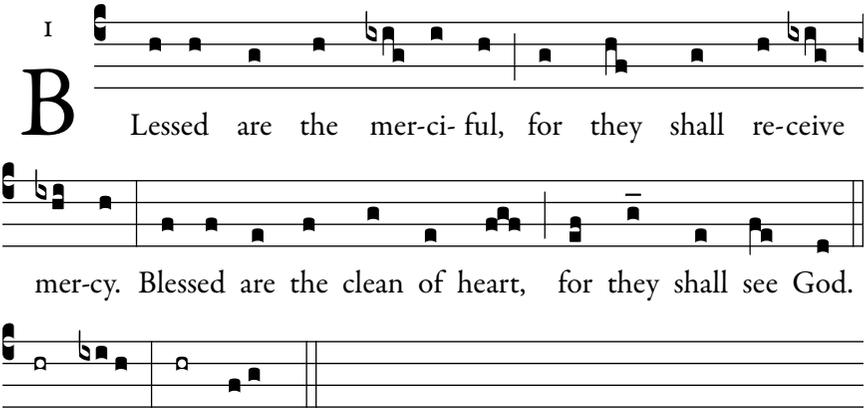
6. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and *ever shall be*, *
world without *end. Amen*.

Or:

Mt 5: 7-8

I



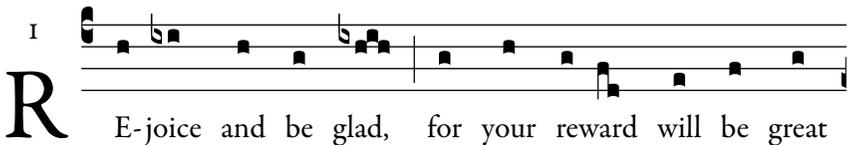
B

Lessed are the mer-ci-ful, for they shall re-ceive
mer-cy. Blessed are the clean of heart, for they shall see God.

Simple Response:

Mt 5: 12

I



R

E-joice and be glad, for your reward will be great

EIGHTEENTH SUNDAY

COMMUNION ANTIPHON

Wis 16: 20

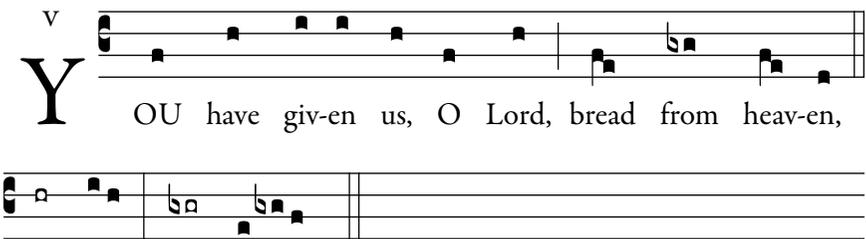
Y^v OU have giv-en us, O Lord, bread from heav-en,
endowed with all delights and sweetness in ev-ery taste.



Simple Response:

Wis 16: 20

Y^v OU have giv-en us, O Lord, bread from heav-en,



Psalm 78 (77): 1-2, 3-4, 23-24, 25, 27-28, 29

1. Give ear, my people, to my **teaching**; *
incline your ear to the words of my **mouth**.
I will open my mouth in a **parable** *
and utter hidden lessons of the **past**.
2. The things we have heard and **understood**, *
the things our fathers have **told** us,
these we will not hide from their **children** *
but will tell them to the next generation:
the glories of the **LORD** and his **might**, *
and the marvelous deeds he has **done**.

3. Yet he commanded the clouds **above**,*
and opened the gates of **heaven**.

He rained down manna to **eat**,*
and gave them bread from **heaven**.

4. Man ate the bread of **angels**.*

He sent them abundance of **food**;

5. He rained flesh upon them like **dust**,*
winged fowl like the sands of the **sea**.

He let it fall in the midst of their **camp**,*
and all around their **tents**.

6. So they ate and had their **fill**,*

what they craved, he **gave** them.

7. Glory be to the Father, and to *the Son*,*
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*,*
world without *end*. *Amen*.

Or:

Jn 6: 35

VII

I

am the bread of life, says the Lord; who-ev- er

comes to me will not hunger and who-ev- er be-lieves in me

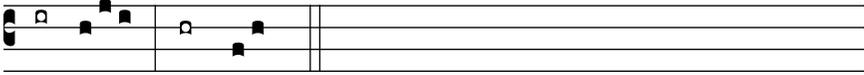
will not thirst.

VII

T



Aste and see that the Lord is good.



Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10-11, 12-13

1. I will bless the LORD *at all times*; *
praise of him is always in *my mouth*.
In the LORD my soul shall *make its boast*; *
the humble shall hear and *be glad*.
2. Glorify the LORD *with me*; *
together let us praise *his name*.
I sought the LORD, and he *answered me*; *
from all my terrors he set *me free*.
3. Look towards him *and be radiant*; *
let your faces not be *abashed*.
This lowly one called; *the LORD heard*, *
and rescued him from all his *distress*.
4. The angel of the LORD *is encamped* *
around those who fear him, to *rescue them*.
Taste and see that the LORD *is good*. *
Blessed the man who seeks refuge *in him*.
5. Fear the LORD, *you his holy ones*. *
They lack nothing, those *who fear him*.
The rich suffer want *and go hungry*, *
but those who seek the LORD lack *no blessing*.

6. Come, *children*, and **hear** me, *
that I may teach you the fear of *the* **LORD**.

Who is it that *desires* **life** *
and longs to see *prosperous* **days**?

7. Glory be to the Father, and *to the* **Son**, *
and to the *Holy* **Spirit**.

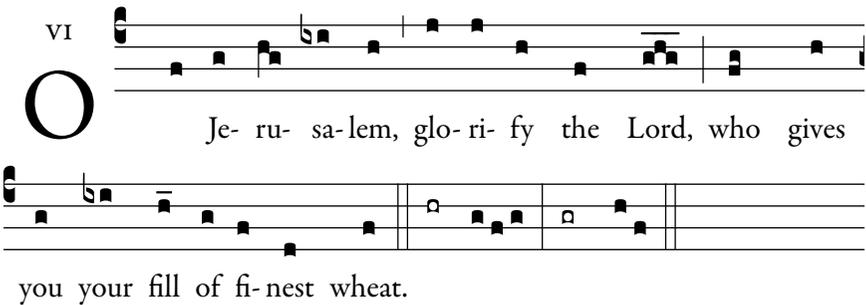
As it was in the beginning, is now, and *ever shall* **be**, *
world without end. *Amen*.

NINETEENTH SUNDAY

COMMUNION ANTIPHON

Ps 147: 12, 14

VI



O Je- ru- sa- lem, glo- ri- fy the Lord, who gives
you your fill of fi- nest wheat.

Psalm 147: 12-14, 15-16, 17-18, 19-20

1. O Jerusalem, glorify *the LORD!* *
O Sion, praise *your God!*
He has strengthened the bars *of your gates;* *
he has blessed your children *within* you.
He established peace *on your borders;* *
he gives you your fill of *finest wheat.*
2. He sends out his word *to the earth,* *
and swiftly runs his *command.*
He showers down *snow like wool;* *
he scatters hoarfrost *like ashes.*
3. He hurls down hailstones *like crumbs;* *
before such cold, who *can stand?*
He sends forth his word *and it melts* them; *
at the blowing of his breath the *waters flow.*
4. He reveals his *word to Jacob;* *
to Israel, his decrees *and judgments.*
He has not dealt thus with *other nations;* *
he has not taught them *his judgments.*

5. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

Or:

Jn 6: 52

The image shows a musical score for the text "I HE bread that I will give is my flesh for the life of the world." The score is written on two staves. The first staff begins with a treble clef and a common time signature. The melody starts with a quarter note 'I', followed by a half note 'HE', and then a series of quarter notes for the rest of the text. The second staff is a bass line, starting with a bass clef and a common time signature. It follows the text with a series of notes, including some rests and accidentals. The text is written below the staves, with a large initial 'I' and 'HE'.

Psalm III (110): 1bc-2, 3-4, 5-6, 7-8, 9, 10

1. I will praise the LORD with all *my heart*, *
in the meeting of the just and the *assembly*.

Great are the works of *the LORD*, *
to be pondered by all who delight *in them*.

2. Majestic and glorious *his work*; *
his justice stands firm *forever*.

He has given us a memorial of *his wonders*. *
The LORD is gracious *and merciful*.

3. He gives food to those *who fear him*; *
keeps his covenant ever *in mind*.

His mighty works he has shown to *his people* *
by giving them the heritage *of nations*.

4. His handiwork is justice *and truth*; *
his precepts are all of *them sure*,

standing firm forever *and ever*, *
wrought in uprightness *and truth*.

5. He has sent redemption to his people, †
and established his covenant *forever*. *
Holy his name, to *be feared*.

6. The fear of the LORD is the beginning of wisdom; †
understanding marks all who *attain* it. *
His praise endures *forever*!

7. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

—TWENTIETH SUNDAY—

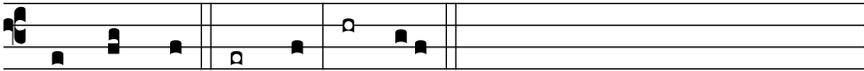
COMMUNION ANTIPHON

Ps 130 (129): 7

II
W



Ith the Lord there is mer-cy; in him is plen-ti-ful



re-demption.

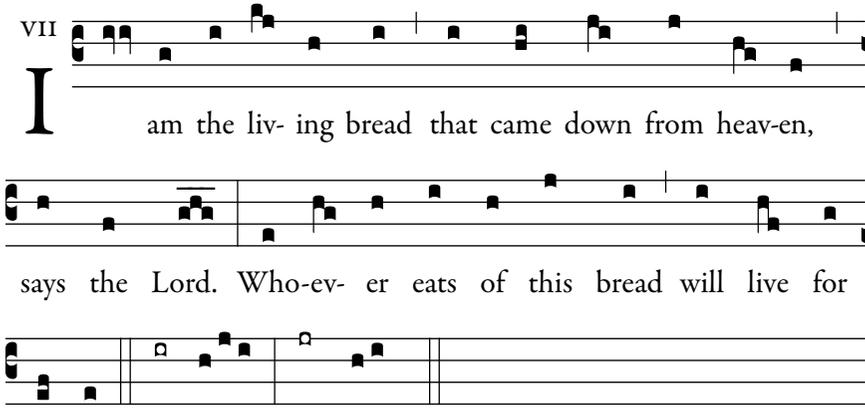
Psalm 130 (129): 1-2, 3-4, 5-6ab, 6c-7a and 8

1. Out of the depths I cry to you, O **LORD**; *
LORD, hear *my voice*!
O let your ears be *attentive* *
to the sound of *my pleadings*.
2. If you, O **LORD**, should mark iniquities, *
LORD, who *could stand*?
But with you is found *forgiveness*, *
that you may be *reversed*.
3. I long for you, O **LORD**, *
my soul longs for *his word*.
My soul hopes in the **LORD** *
more than watchmen *for daybreak*.
4. More than watchmen for *daybreak*, *
let Israel hope for *the LORD*.
It is he who will redeem **Israel** *
from all its *iniquities*.
5. Glory be to the Father, and to the **Son**, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever shall **be**, *
world without end. *Amen*.

Or:

Jn 6: 51-52

VII

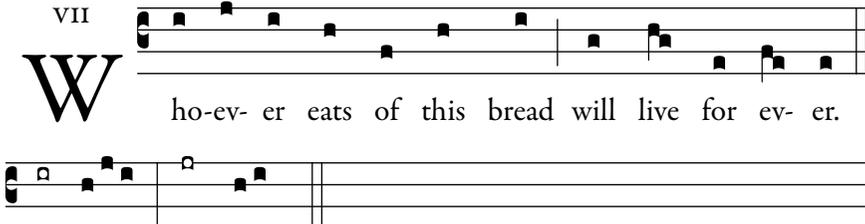


I am the liv- ing bread that came down from heav-en,
says the Lord. Who-ev- er eats of this bread will live for
ev- er.

Simple Response:

Cf. Jn 6: 51-52

VII



W ho-ev- er eats of this bread will live for ev- er.

Psalm 119 (118): 1-2, 11, 49-50, 72, 103 and 105, 162

1. Blessed are those whose *way is blameless*, *
who walk in the law of *the LORD!*
Blessed are those who keep *his decrees!* *
With all their hearts *they seek him.*
2. I treasure your word *in my heart*, *
lest I sin *against you.*
3. Remember your word *to your servant*, *
by which you made *me hope.*
This is my *comfort in sorrow:* *
that your promise gives *me life.*

4. The law from your mouth means *more to me* *
than large quantities of silver *and* gold.

5. How sweet is your promise *to my tongue*, *
more than honey in *the mouth*.
Your word is a lamp *for my feet*, *
and a light for *my path*.

6. I rejoice *at your promise*, *
like one who finds a *great treasure*.

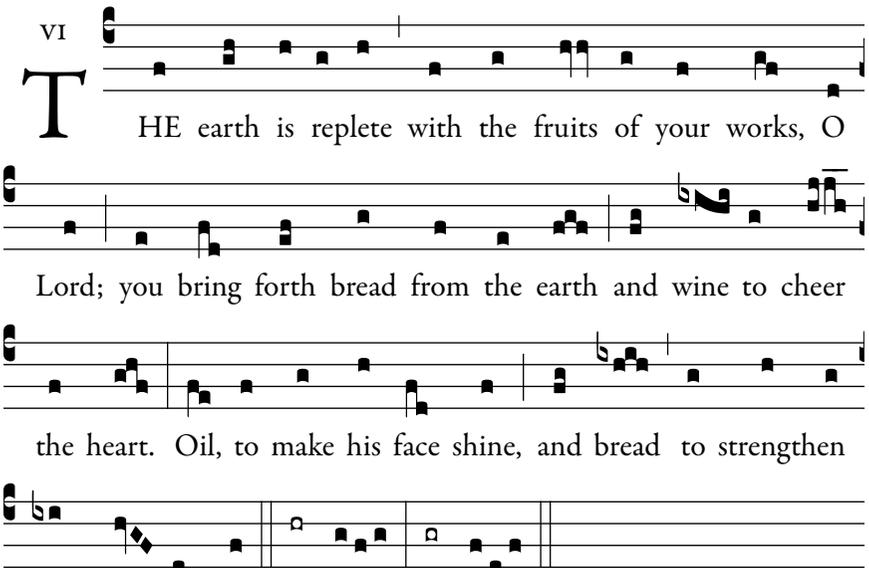
7. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

— TWENTY-FIRST SUNDAY —

COMMUNION ANTIPHON

Cf. Ps 104 (103): 13-15

VI

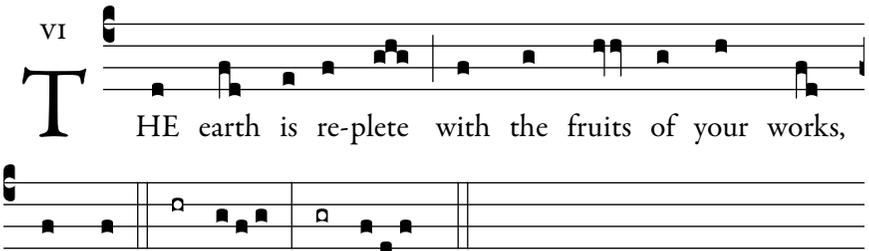


T HE earth is replete with the fruits of your works, O
Lord; you bring forth bread from the earth and wine to cheer
the heart. Oil, to make his face shine, and bread to strengthen
the heart of man.

Simple Response:

Cf. Ps 104 (103): 13-15

VI



T HE earth is re-plete with the fruits of your works,
O Lord

Psalm 104 (103): 1-2, 23-24, 30, 31-32, 33-34

1. Bless the LORD, *O my soul!* *
O LORD my God, how *great you are*,
clothed in majesty and honor, †
wrapped in light as *with a robe!* *
You stretch out the heavens *like a tent.*

2. Man goes forth *to his work*, *
to labor till *evening falls*.

How many are your works, O LORD! †
In wisdom you have *made them all*. *
The earth is full of *your creatures*.

3. You send forth your spirit, and they *are created*, *
and you renew the face of *the earth*.

4. May the glory of the LORD *last forever*! *
May the LORD rejoice *in his works*!
He looks on the earth *and it trembles*; *
he touches the mountains *and they smoke*.

5. I will sing to the LORD *all my life*, *
sing psalms to my God *while I live*.
May my thoughts be pleasing *to him*. *
I will rejoice *in the LORD*.

6. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and *ever shall be*, *
world without *end. Amen*.

Or:

Cf. Jn 6: 54

VI

Ho-ev- er eats my flesh and drinks my blood

has e- ter- nal life, says the Lord, and I will raise him up

on the last day.

The musical notation consists of three staves. The first staff begins with a large, bold 'W' and contains the lyrics 'Ho-ev- er eats my flesh and drinks my blood'. The second staff contains the lyrics 'has e- ter- nal life, says the Lord, and I will raise him up'. The third staff contains the lyrics 'on the last day.' The music is written in a simple, rhythmic style with square notes and stems.

Simple Response:

Cf. Ps 34 (33): 9

VI

Aste and see that the Lord is good.

Psalm 119 (118): 1-2, 11, 49-50, 72, 103, 105, 162

1. Blessed are those whose *way is blameless*, *
who walk in the law of *the LORD!*
Blessed are those who keep *his decrees!* *
With all their hearts *they seek him.*
2. I treasure your word *in my heart*, *
lest I sin *against you.*
3. Remember your word *to your servant*, *
by which you made *me hope.*
This is my *comfort in sorrow:* *
that your promise gives *me life.*
4. The law from your mouth means *more to me* *
than large quantities of silver *and gold.*
5. How sweet is your promise *to my tongue*, *
more than honey in *the mouth.*
6. Your word is a lamp *for my feet*, *
and a light for *my path.*
7. I rejoice *at your promise*, *
like one who finds a *great treasure.*

8. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

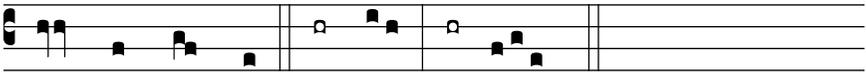
COMMUNION ANTIPHON

Ps 31 (30): 20

VIII



H OW great is the goodness, Lord, that you keep for



those who fear you.

Psalm 31 (30): 2-3a, 3b-4, 5-7, 8-9, 10, 11

1. In you, O LORD, I *take refuge*. *
 Let me never be *put to shame*.
 In your justice, set *me free*; *
 incline your ear to me, and *speedily rescue* me.

2. Be a rock of refuge *for me*, *
 a mighty *stronghold to save* me.
 For you are my rock, *my stronghold!* *
 Lead me, guide me, for the sake *of your name*.

3. Release me from the snare they *have hidden*, *
 for you indeed *are my refuge*.
 Into your hands I commend *my spirit*. *
 You will redeem me, O LORD, O *faithful God*.
 You detest those who serve empty idols. *
 As for me, I trust *in the LORD*.

4. Let me be glad and rejoice in your mercy, †
 for you who have seen my *affliction* *
 and taken heed of my *soul's distress*,
 have not left me in the hands of *the enemy*, *
 but set my *feet at large*.

5. Have mercy on me, O LORD, *
for I am *in distress*.

My eyes are wasted *with grief*, *
my soul *and my body*.

6. For my life is spent *with sorrow*, *
and my *years with sighs*.

Affliction has broken down *my strength*, *
and my bones *waste away*.

7. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*, *
world without *end*. Amen.

Or:

Mt 5: 9-10

I
B Les-sed are the peacemakers, for they shall be called
children of God. Blessed are they who are per-se-cu-ted for
the sake of righteousness, for theirs is the Kingdom of Heav-en.

Simple Response:

Mt 5: 12

I
R E-joyce and be glad, for your reward will be great



in heav-en.

Psalm 37 (36): 1, 3, 16, 18-19, 23, 27

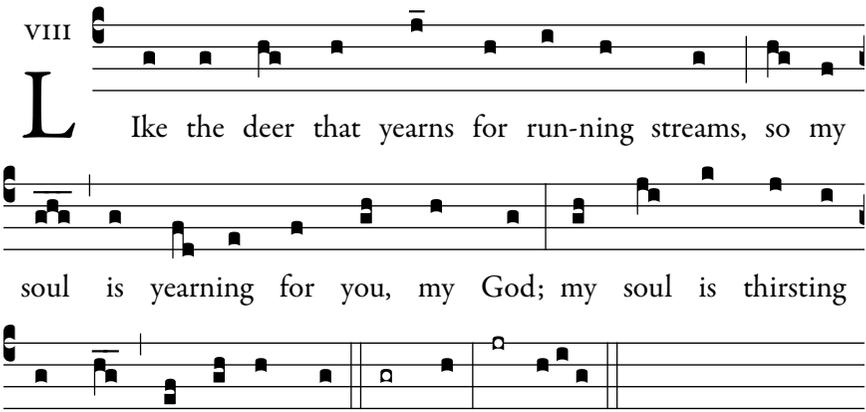
1. Do not fret because of *the wicked*; *
do not envy those who *do* evil,
2. Trust in the LORD and *do good*; *
then you will dwell in the land and *safely* pasture.
3. Better the few possessions of *the just*, *
than the abundant wealth of *the wicked*;
4. The LORD takes note of the days of *the blameless*; *
their heritage will last *forever*.
They shall not be put to shame in *evil days*; *
in time of famine they shall have *their fill*.
5. By the LORD are the steps *made firm* *
of one in whose path He *delights*.
6. Then turn away from evil and *do good*, *
and you may abide *forever*;
7. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

—TWENTY-THIRD SUNDAY—

COMMUNION ANTIPHON

Cf. Ps 42 (41): 2-3

VIII

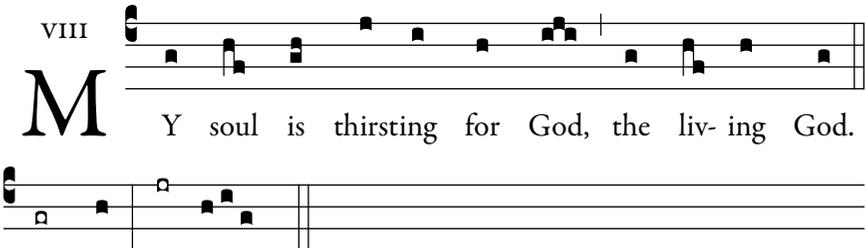


Like the deer that yearns for run-ning streams, so my
soul is yearning for you, my God; my soul is thirsting
for God, the liv-ing God.

Simple Response:

Cf. Ps 42 (41): 3

VIII



MY soul is thirsting for God, the liv- ing God.

Psalm 42 (41): 3cd, 4, 5, 6, 7, 8, 9, 10, 11, 12

1. when can I enter and appear *
before the *face of God*?
2. My tears have become my **bread**, *
by *day, by night*,
as they say to me all the day **long**, *
“Where *is your God*?”

3. These things will I **remember** *
as I pour *out my soul*:
For I would go to the place †
of your wondrous **tent**, *
all the way to the *house of God*,
amid cries of gladness and thanksgiving, *
the throng keeping *joyful* festival.
4. Why are you cast down, my **soul**; *
why *groan within* me?
Hope in God; I will praise him yet **again**, *
my saving presence *and my God*.
5. My soul is cast down within me, *
therefore I *remember you*
from the land of Jordan and Mount **Hermon**, *
from the *Hill of Mizar*.
6. Deep is calling on **deep**, *
in the roar *of your torrents*;
your billows and all your **waves** *
swept *over me*.
7. By day the **LORD decrees** *
his *merciful love*;
by night his song is with **me**, *
prayer to the God *of my life*.
8. I will say to God, my **rock**, *
“Why have you *forgotten me*?
Why do I go **mourning** *
oppressed *by the foe*?”
9. With a deadly wound in my **bones**, *
my *enemies revile* me,
saying to me all the day **long**, *
“Where *is your God*?”

10. Why are you cast down, my soul; *
why *groan within* me?

Hope in God; I will praise him yet again, *
my saving presence *and my God*.

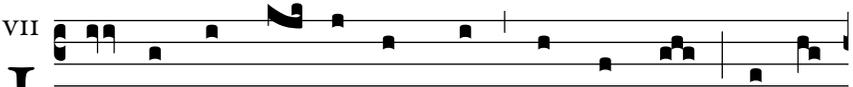
11. Glory be to the Father, and to the Son, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever shall be, *
world without *end. Amen*.

Or:

Jn 8: 12

VII



I am the light of the world, says the Lord: who-ev-



er fol-lows me will not walk in dark- ness, but will have

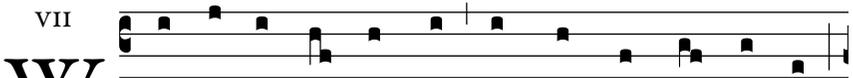


the light of life.

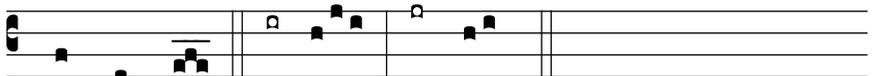
Simple Response:

Cf. Jn 8: 12

VII



W Ho-ev- er fol-lows me will have the light of life,



says the Lord.

Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10-11, 12-13

1. I will bless the LORD *at all times*; *
praise of him is always in *my mouth*.
In the LORD my soul shall *make its boast*; *
the humble shall hear and *be glad*.

2. Glorify the LORD *with me*; *
together let us praise *his name*.
I sought the LORD, and he *answered me*; *
from all my terrors he set *me free*.

3. Look towards him *and be radiant*; *
let your faces not be *abashed*.
This lowly one called; *the LORD heard*, *
and rescued him from all his *distress*.

4. The angel of the LORD *is encamped* *
around those who fear him, to *rescue them*.
Taste and see that the LORD *is good*. *
Blessed the man who seeks refuge *in him*.

5. Fear the LORD, *you his holy ones*. *
They lack nothing, those *who fear him*.
The rich suffer want *and go hungry*, *
but those who seek the LORD lack *no blessing*.

6. Come, *children, and hear me*, *
that I may teach you the fear of *the LORD*.
Who is it that *desires life* *
and longs to see *prosperous days*?

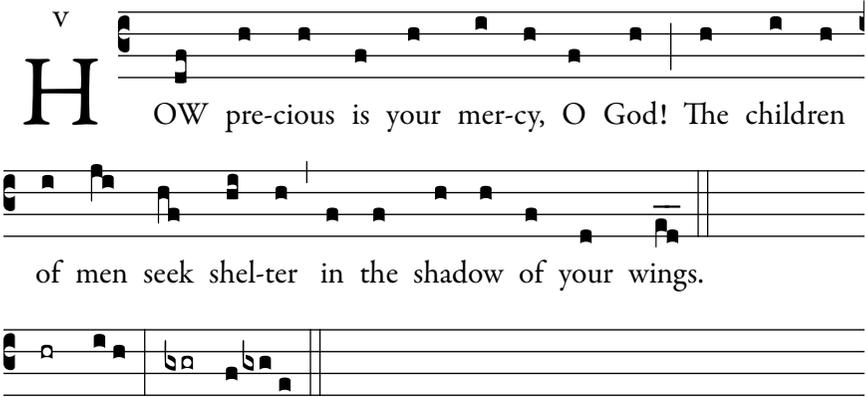
7. Glory be to the Father, and *to the Son*, *
and to the Holy Spirit.
As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

—TWENTY-FOURTH SUNDAY—

COMMUNION ANTIPHON

Cf. Ps 42 (41): 2-3

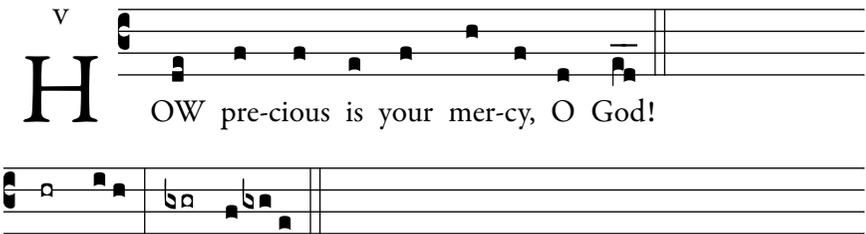
^v
H OW pre-cious is your mer-cy, O God! The children
of men seek shel-ter in the shadow of your wings.



Simple Response:

Cf. Ps 42 (41): 2

^v
H OW pre-cious is your mer-cy, O God!



Psalm 36 (35): 6, 7, 8, 9, 10

1. Your mercy, LORD, reaches *to* heaven, *
your truth *to the* clouds.
2. Your justice is like God's mountains; †
like the great deep, *your* justice. *
Both man and beast you *save*, O LORD.
3. How precious is your mercy, O God! †
The children of men *seek* shelter *
in the shadow *of your* wings.
4. They feast on the riches of *your* house; *
you give them drink from the stream of *your* delight.

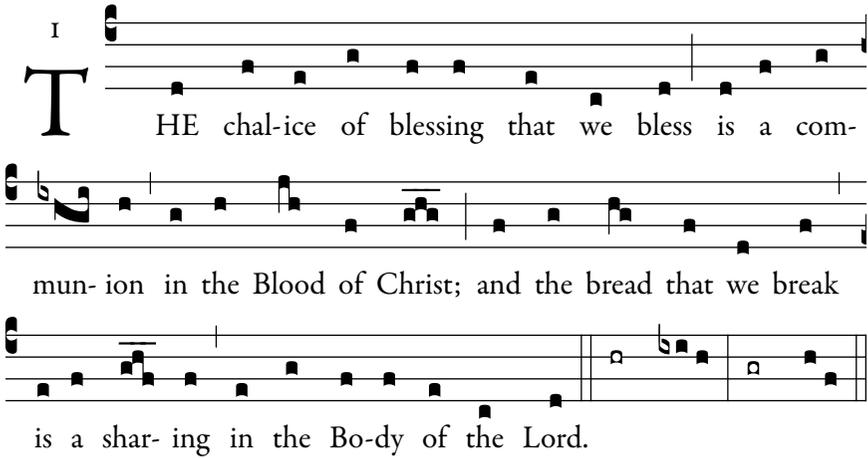
5. For with you is the fountain of *life*, *
and in your light *we see light*.

6. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*, *
world without *end. Amen*.

Or:

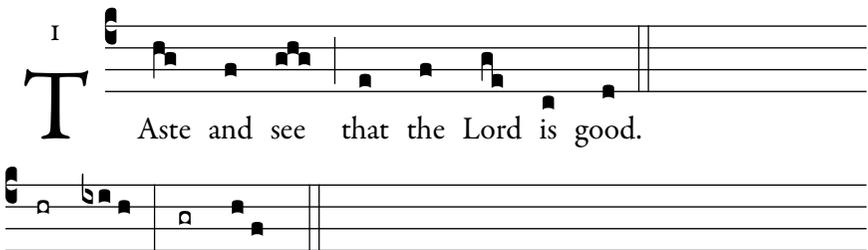
Cf. 1 Cor 10: 16



I
T HE chal-ice of blessing that we bless is a com-
mun- ion in the Blood of Christ; and the bread that we break
is a shar- ing in the Bo- dy of the Lord.

Simple Response:

Cf. Ps 34 (33): 9



I
T Aste and see that the Lord is good.

Psalm 116 (115): 1-2, 3-4, 5-6, 7-9, 10-11, 12-13

1. I love the LORD, for he *has heard* *
my voice, my *appeal*;
for he has turned his ear *to me* *
whenever *I call*.

2. They surrounded me, the snares of death; †
the anguish of the grave *has found* me; *
anguish and sorrow *I found*.
I called on the name of *the LORD*: *
“Deliver my soul, *O LORD!*”
3. How gracious is the LORD, *and just*; *
our God has *compassion*.
The LORD protects *the simple*; *
I was brought low, and *he saved* me.
4. Turn back, my soul, to *your rest*, *
for the LORD has been good *to you*;
he has kept my soul *from death*, *
my eyes from tears, and my feet *from stumbling*.
I will walk in the presence of *the LORD* *
in the land of *the living*.
5. I trusted, even when *I said*, *
“I am sorely *afflicted*,”
and when I said in my *alarm*, *
“These people are *all liars*.”
6. How can I repay *the LORD* *
for all his goodness *to me*?
The cup of salvation I *will raise*; *
I will call on the name of *the LORD*.
7. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

— TWENTY-FIFTH SUNDAY —

COMMUNION ANTIPHON

Ps 119 (118): 4, 5

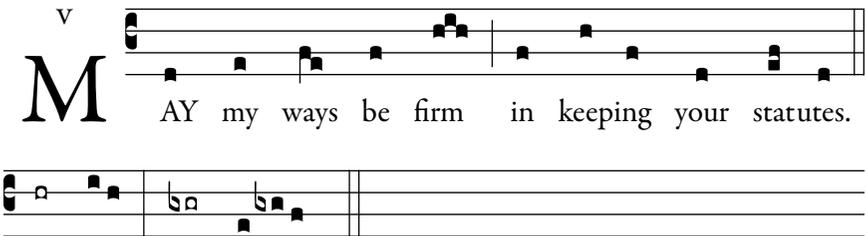
^v
Y OU have laid down your precepts to be care-ful-ly
kept; may my ways be firm in keeping your stat-utes.



Simple Response:

Cf. Ps 119 (118): 5

^v
M AY my ways be firm in keeping your statutes.



Psalm 119 (118): 1-3, 8-9, 26 and 59, 60 and 134, 168

1. Blessed are those whose way *is* blameless, *
who walk in the law *of the* LORD!
Blessed are those who keep his *decrees!* *
With all their *hearts they seek* him.
They never do *anything* evil, *
but walk *in his* ways.
2. I will keep *your* statutes; *
do not ever *forsake* me.
How shall a youth remain pure on *his way?* *
By obeying *your* word.

3. I declared my ways and you answered me; *
teach me your statutes.
I have pondered my ways, *
and turned my steps to your decrees.
4. I made haste; I did not delay *
to obey your commands.
Redeem me from man's oppression, *
and I will keep your precepts.
5. I obey your precepts and decrees; *
all my ways are before you.
6. Glory be to the Father, and to the Son, *
and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, *
world without end. Amen.

Or:

Jn 10: 11, 15

VIII

I am the Good Shepherd, and I lay down my life for

my sheep, says the Lord.

Psalm 23 (22): 1-3a, 3bc-4, 5, 6

1. The LORD is my shepherd; *
there is nothing I shall want.
Fresh and green are the pastures *
where he gives me repose.
Near restful waters he leads me; *
he revives my soul.

2. He guides me along the right **path**, *
for the sake *of his name*.

Though I should walk in the valley of the shadow of death, †
no evil would I fear, for you are **with me**. *
Your crook and your staff will *give me* **comfort**.

3. You have prepared a table **before me** *
in the sight *of my foes*.

My head you have anointed with **oil**; *
my cup is *overflowing*.

4. Surely goodness and mercy shall follow **me** *
all the days *of my life*.

In the LORD's own house shall I **dwell** *
for length of *days unending*.

5. Glory be to the Father, and to the **Son**, *
and to the *Holy Spirit*.

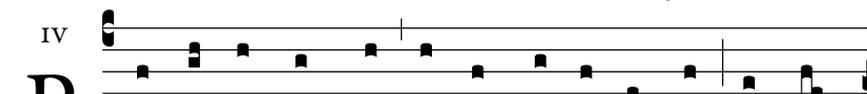
As it was in the beginning, is now, and ever shall **be**, *
world without *end. Amen*.

—TWENTY-SIXTH SUNDAY—

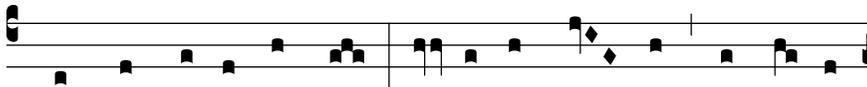
COMMUNION ANTIPHON

Cf. Ps 119 (118): 49-50

IV



R E-member your word to your servant, O Lord, by which



you have giv-en me hope. This is my com- fort when I am

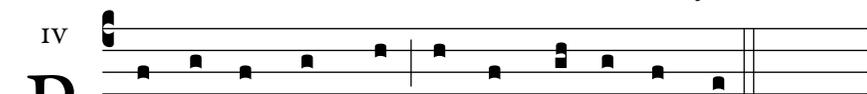


brought low.

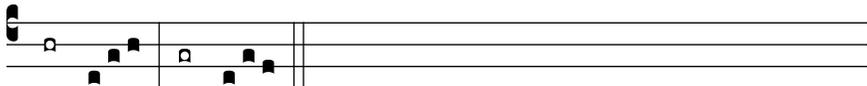
Simple Response:

Cf. Ps 119 (118): 49

IV



R E-member your word to your servant, O Lord.



Psalm 119 (118): 1-2, 25 and 28, 41 and 76, 81-82, 114

1. Blessed are those whose *way is blameless*, *
who walk in the law *of the LORD!*

Blessed are those who keep *his decrees!* *
With all their *hearts they seek him.*

2. My soul holds fast *to the dust*; *
revive me *by your word.*

My soul pines *away with grief*; *
by your word *raise me up.*

3. LORD, let your mercy *come upon* me, *
the salvation *you have* promised.

Let your merciful *love console* me *
by your promise *to your* servant.

4. My soul yearns for *your* salvation; *
I hope *in your* word.

My eyes yearn to *see your* promise. *
I ask, "When will you *comfort* me?"

5. You are my hiding *place, my* shield; *
I hope *in your* word.

6. Glory be to the Father, and *to the* Son, *
and to the *Holy* Spirit.

As it was in the beginning, is now, and ever *shall* be, *
world without *end. Amen.*

Or:

1 Jn 3: 16

VII

B

Y this we came to know the love of God: that Christ

laid down his life for us; so we ought to lay down our lives

for one an-oth- er.

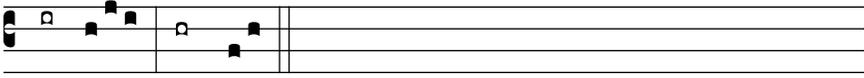
Simple Response:

See Jn 13: 34

VII

L

Ove one an-oth-er as I have loved you, says the Lord.



Psalm 119 (118): 1, 2, 25, 28, 41, 74, 81, 82, 114

1. Blessed are those whose *way is blameless*, *
who walk in the law of *the LORD!*
2. Blessed are those who keep *his decrees!* *
With all their hearts *they seek* him.
3. My soul holds fast *to the dust*; *
revive me by *your word*.
4. My soul pines *away with grief*; *
by your word raise *me up*.
5. LORD, let your mercy *come upon* me, *
the salvation you *have promised*.
6. Those who revere you see me *and rejoice*, *
for I trust in *your word*.
7. My soul yearns for *your salvation*; *
I hope in *your word*.
8. My eyes yearn to *see your promise*. *
I ask, "When will you *comfort me?*"
9. You are my hiding *place, my shield*; *
I hope in *your word*.
10. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

COMMUNION ANTIPHON

Lam 3: 25

T HE Lord is good to those who hope in him, to
the soul that seeks him.

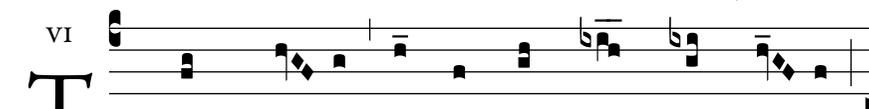
Psalm 103 (102): 1-2, 3-4, 6-7, 8-9

1. Bless the LORD, O *my soul*, *
and all within me, his *holy name*.
Bless the LORD, O *my soul*, *
and never forget all *his benefits*.
2. It is the LORD who forgives all *your sins*, *
who heals every one of *your ills*,
who redeems your life from *the grave*, *
who crowns you with mercy and *compassion*.
3. The LORD does *just deeds*, *
gives full justice to all who are *oppressed*.
He made known his ways *to Moses*, *
and his deeds to the children *of Israel*.
4. The LORD is compassionate *and gracious*, *
slow to anger and rich *in mercy*.
He will not always *find fault*; *
nor persist in his anger *forever*.
5. Glory be to the Father, and to *the Son*, *
and to the Holy Spirit.
As it was in the beginning, is now, and ever *shall be*, *
world without end. *Amen*.

Or:

Cf. 1 Cor 10: 17

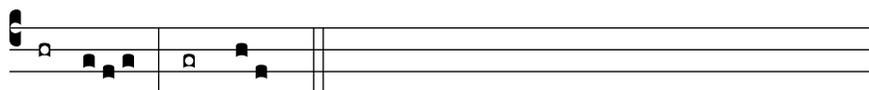
VI



Hough man- y, we are one bread, one bod- y,



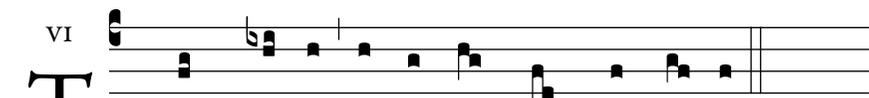
for we all partake of the one Bread and one Chal- ice.



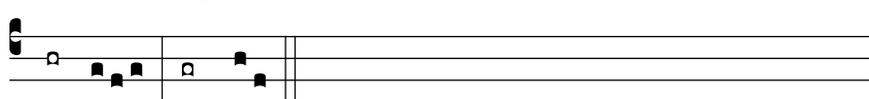
Simple Response:

Cf. 1 Cor 10: 17

VI



Hough man-y, we are one bread, one bod-y.



Psalm 122 (121): 1-2, 3-4ab, 4cd-5, 6-7, 8-9

1. I rejoiced when they *said to me*, *
“Let us go to the house of *the LORD*.”
And now our *feet are standing* *
within your gates, O *Jerusalem*.
2. Jerusalem is built *as a city* *
bonded as one *together*.
It is there that the *tribes go up*, *
the tribes of *the LORD*.
3. For Israel’s *witness it is* *
to praise the name of *the LORD*.
There were set the *thrones for judgment*, *
the thrones of the house of *David*.

4. For the peace of *Jerusalem* **pray**, *
 “May they prosper, those *who* **love** you.”
 May peace abide *in your* **walls**, *
 and security be in *your* **towers**.

5. For the sake of my *family* **and** **friends**, *
 let me say, “Peace *upon* **you**.”
 For the sake of the house of the *LORD*, *our* **God**, *
 I will seek good things *for* **you**.

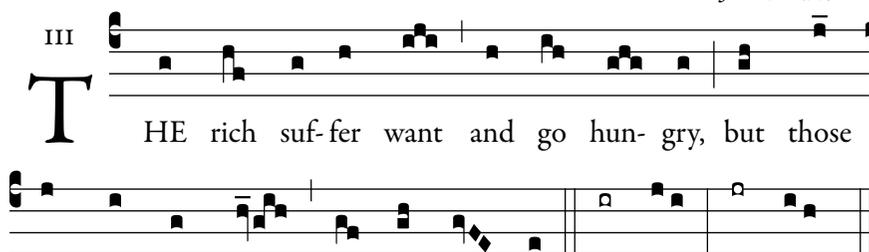
6. Glory be to the Father, and *to the* **Son**, *
 and to the *Holy* **Spirit**.
 As it was in the beginning, is now, and *ever shall* **be**, *
 world without end. *Amen*.

— TWENTY-EIGHTH SUNDAY —

COMMUNION ANTIPHON

Cf. Ps 34 (33): 11

III

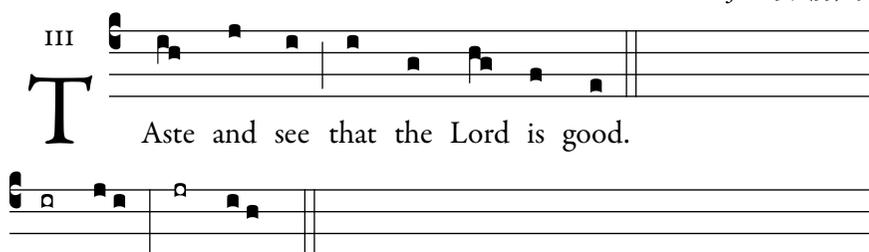


HE rich suf-fer want and go hun- gry, but those
who seek the Lord lack no bles- sing.

Simple Response:

Cf. Ps 34 (33): 9

III



Aste and see that the Lord is good.

Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10, 12-13

1. I will bless the LORD at *all* times; *
praise of him is always in *my* mouth.
In the LORD my soul shall make *its* boast; *
the humble shall hear and *be* glad.
2. Glorify the LORD *with* me; *
together let us praise *his* name.
I sought the LORD, and he *answered* me; *
from all my terrors he set *me* free.
3. Look towards him and *be* radiant; *
let your faces not be *abashed*.
This lowly one called; the LORD heard, *
and rescued him from all his *distress*.

Psalm 63 (62): 2, 3, 4, 5, 6

1. O God, you are my God; at *dawn* I seek you; *
for you my soul *is* **thirsting**.

For you my *flesh* *is* **pinning**, *
like a dry, weary land *without* water.

2. I have come before you *in the* sanctuary, *
to behold your strength and *your* **glory**.

3. Your loving mercy is better *than* life; *
my lips will speak *your* **praise**.

4. I will bless you *all my* life; *
in your name I will lift up *my* **hands**.

5. My soul shall be filled as *with a* banquet; *
with joyful lips, my mouth *shall* **praise** you.

6. Glory be to the Father, and *to the* Son, *
and to the Holy **Spirit**.

As it was in the beginning, is now, and ever *shall* **be**, *
world without end. *Amen*.

—TWENTY-NINTH SUNDAY—

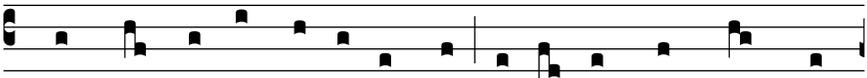
COMMUNION ANTIPHON

Cf. Ps 33 (32): 18-19

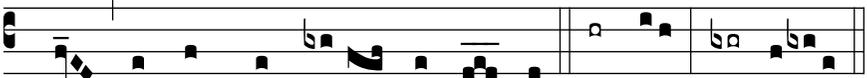
v



B E-hold, the eyes of the Lord are on those who fear him,



who hope in his mer-ci-ful love, to res-cue their souls from

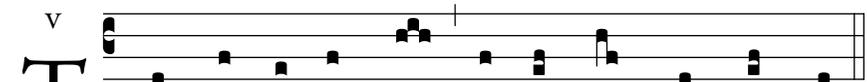


death, to keep them alive in fam-ine.

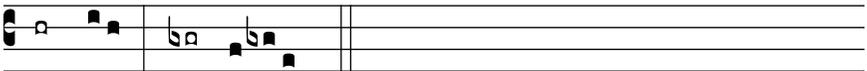
Simple Response:

Cf. Ps 33 (32): 18

v



T HE eyes of the Lord are on those who fear him.



Psalm 33 (32): 13, 14-15, 20, 21, 22

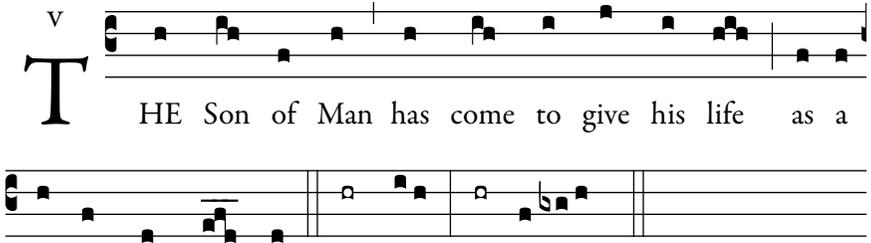
1. From the heavens the LORD *looks forth*; *
he sees all the *children of men*.
2. From the place where he dwells *he gazes* *
on all the dwellers *on the earth*,
he who shapes the hearts of *them all*, *
and considers *all their deeds*.
3. Our soul is waiting for *the LORD*. *
He is our help *and our shield*.

4. In him do our hearts *find joy*. *
We trust in his *holy name*.
5. May your merciful love be *upon* us, *
as we hope in *you, O LORD*.
6. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without *end. Amen*.

Or:

Mk 10: 45

V



HE Son of Man has come to give his life as a
ransom for man- y

Revelation 4: 11; 5: 9, 10, 12

1. Worthy are you, Lord *our God*, *
to receive glory and honor *and power*,
for you created *all things*; *
because of your will they came to be and *were created*.
2. Worthy are you to receive *the scroll* *
and to break *open its seals*,
for you were slain †
and with your blood you purchased *for God* *
those from every tribe and tongue, *people and nation*.
3. You made them a kingdom †
and priests for *our God*, *
and they will *reign on earth*.

4. Worthy is the Lamb that was slain †
to receive power and riches, wisdom *and* **strength**,*
honor and glory *and* **blessing**.

5. Glory be to the Father, and to *the* **Son**,*
and to the *Holy* **Spirit**.

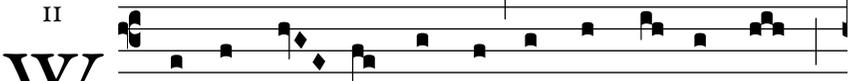
As it was in the beginning, is now, and ever *shall* **be**,*
world without *end*. **Amen**.

THIRTIETH SUNDAY

COMMUNION ANTIPHON

Cf. Ps 20 (19): 6

II
W E will ring out our joy at your sav-ing help



and ex-ult in the name of our God.



Simple Response:

Cf. Ps 20 (19): 6

II
W E will ex-ult in the name of our God.



Psalm 20 (19): 2-3, 4-5, 7, 8

1. May the LORD answer you in time of *trial*; *
may the name of Jacob's *God* protect you.
May he send you help from the *holy place*, *
and give you support *from Sion*.
2. May he remember all *your offerings*, *
and receive your sacrifice *with favor*.
May he give you your heart's *desire*, *
and fulfill every one *of your plans*.
3. Now I know the LORD saves his anointed, †
and answers from his *holy heaven* *
with the mighty victory *of his hand*.
4. Some put their trust in chariots *or horses*, *
but we in the name of the *LORD, our God*.

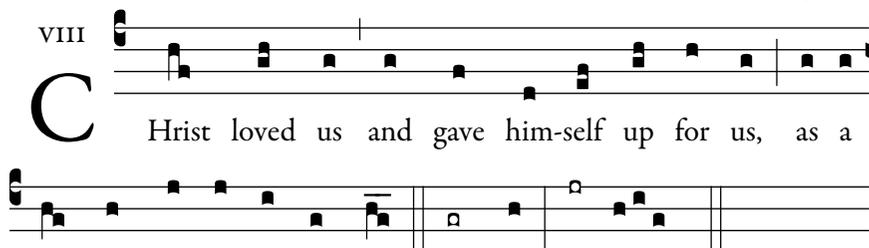
5. Glory be to the Father, and to *the* **Son**,*
and to the *Holy* **Spirit**.

As it was in the beginning, is now, and ever *shall* **be**,*
world without *end*. **Amen**.

Or:

Eph 5: 2

VIII



C Hrist loved us and gave him-self up for us, as a
fra-grant of-fer-ing to God.

Revelation 4: 11; 5: 9, 10, 12

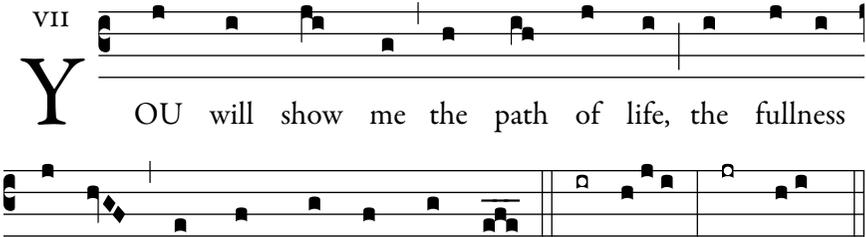
1. Worthy are you, Lord our **God**, *
to receive glory and honor *and* power,
for you created all **things**; *
because of your will they came to be and *were created*.
2. Worthy are you to receive the **scroll** *
and to break *open its* seals,
for you were slain †
and with your blood you purchased for **God** *
those from every tribe and tongue, *people and* nation.
3. You made them a kingdom †
and priests for our **God**, *
and they will *reign on* earth.
4. Worthy is the Lamb that was slain †
to receive power and riches, wisdom and **strength**, *
honor and *glory and* blessing.
5. Glory be to the Father, and to the **Son**, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever shall be, *
world without *end. Amen*.

THIRTY-FIRST SUNDAY

COMMUNION ANTIPHON

Ps 16 (15): 11

VII

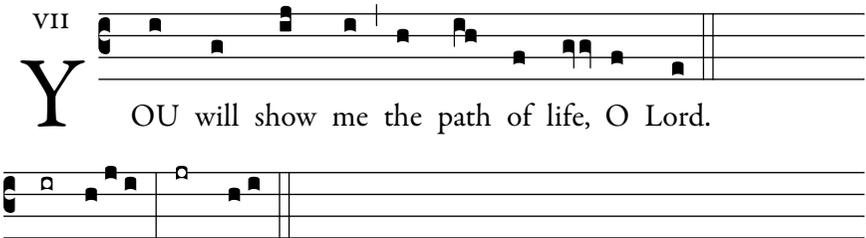


YOU will show me the path of life, the fullness
of joy in your presence, O Lord.

Simple Response:

Ps 16 (15): 11

VII



YOU will show me the path of life, O Lord.

Psalm 16 (15): 1-2, 3, 5-6, 7-8, 9-10

1. Preserve me, O God, for in you I take refuge. †
I say to the LORD, "You *are my LORD*. *
My happiness lies in you *alone*."
2. As for the holy ones who dwell *in the land*, *
they are noble, and in them is all my *delight*.
3. O LORD, it is you who are my *portion and cup*; *
you yourself who secure *my lot*.
Pleasant places are marked *out for me*: *
a pleasing heritage indeed *is mine*!

4. I will bless the LORD who *gives me counsel*, *
who even at night directs *my heart*.

I keep the LORD *before me* always; *
with him at my right hand, I shall not *be moved*.

5. And so, my heart rejoices, my *soul is glad*; *
even my flesh shall rest *in hope*.

For you will not abandon my *soul to hell*, *
nor let your holy one see *corruption*.

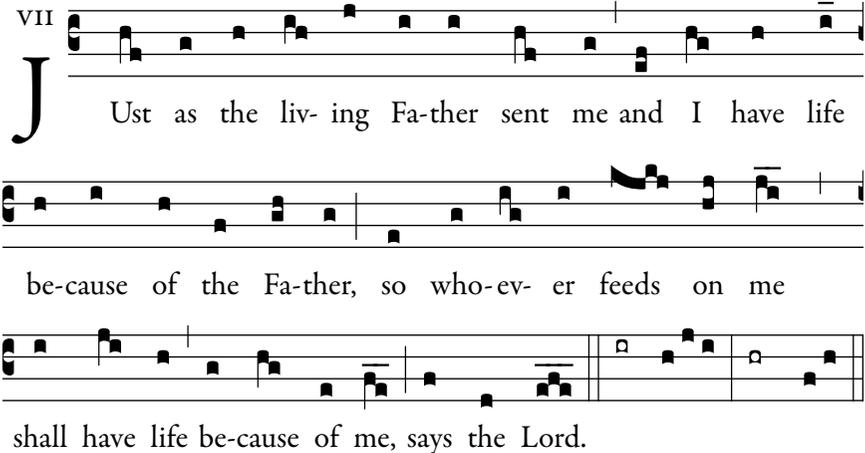
6. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

Or:

Cf Ps 38 (37): 22-23

VII
J

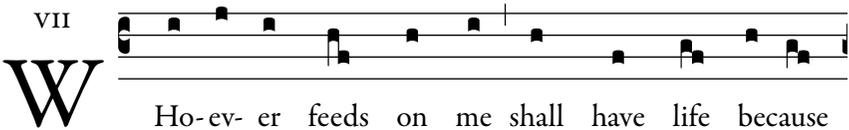


Ust as the liv- ing Fa-ther sent me and I have life
be-cause of the Fa-ther, so who-ev- er feeds on me
shall have life be-cause of me, says the Lord.

Simple Response:

Cf Ps 38 (37): 23

VII
W



Ho-ev- er feeds on me shall have life because



of me, says the Lord.

Psalm 34 (33): 2-3, 4-5, 6-7, 8-9

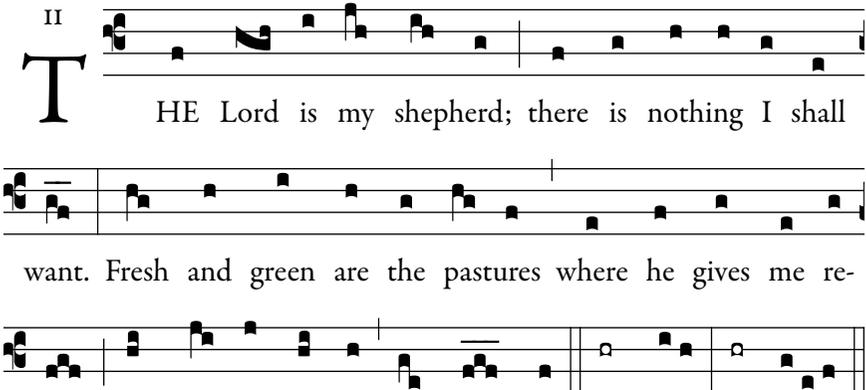
1. I will bless the LORD *at all* times; *
praise of him is always in *my* mouth.
In the LORD my soul shall *make its* boast; *
the humble shall hear and *be* glad.
2. Glorify the LORD *with* me; *
together let us praise *his* name.
I sought the LORD, and he *answered* me; *
from all my terrors he set *me* free.
3. Look towards him *and be* radiant; *
let your faces not be *abashed*.
This lowly one called; *the* LORD heard, *
and rescued him from all his *distress*.
4. The angel of the LORD *is encamped* *
around those who fear him, to *rescue* them.
Taste and see that the LORD *is* good. *
Blessed the man who seeks refuge *in* him.
5. Glory be to the Father, and *to the* Son, *
and to the Holy Spirit.
As it was in the beginning, is now, and *ever shall* be, *
world without end. *Amen*.

—THIRTY-SECOND SUNDAY—

COMMUNION ANTIPHON

Ps 23 (22): 1, 2

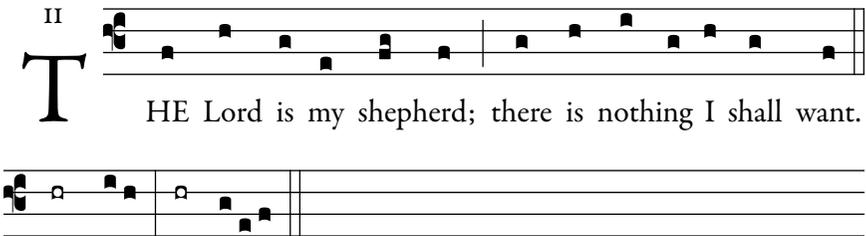
II
T HE Lord is my shepherd; there is nothing I shall
want. Fresh and green are the pastures where he gives me re-
pose, near rest-ful wa-ters he leads me.



Simple Response:

Ps 23 (22): 1

II
T HE Lord is my shepherd; there is nothing I shall want.



Psalm 23 (22): 1-3a, 3b-4, 5, 6

- i. The LORD is *my* shepherd; *
there is nothing *I shall* want.
Fresh and green are *the* pastures *
where he gives *me* repose.
Near restful waters *he* leads me; *
he *revives my* soul.

2. He guides me along the *right path*, *
for the sake of *his name*.

Though I should walk in the valley of the shadow of death, †
no evil would I fear, for you *are with me*. *
Your crook and your staff will *give me comfort*.

3. You have prepared a table *before me* *
in the sight of *my foes*.

My head you have anointed *with oil*; *
my cup is *overflowing*.

4. Surely goodness and mercy shall *follow me* *
all the days of *my life*.

In the LORD's own house shall *I dwell* *
for length of *days unending*.

5. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and ever *shall be*, *
world without *end. Amen*.

Or:

Lk 24: 35

VI
T HE dis- ci- ples re- cognized the Lord Je- sus in the

breaking of the bread.

Psalm 34 (33): 2-3, 4-5, 6-7, 8-9, 10-11, 12-13

1. I will bless the LORD *at all times*; *
praise of him is always in *my mouth*.

In the LORD my soul shall *make its boast*; *
the humble shall hear and *be glad*.

2. Glorify the *LORD with me*; *
together let us praise *his name*.
I sought the LORD, and he *answered me*; *
from all my terrors he set *me free*.
3. Look towards him *and be radiant*; *
let your faces not be *abashed*.
This lowly one called; *the LORD heard*, *
and rescued him from all his *distress*.
4. The angel of the LORD *is encamped* *
around those who fear him, to *rescue them*.
Taste and see that the *LORD is good*. *
Blessed the man who seeks refuge *in him*.
5. Fear the LORD, *you his holy ones*. *
They lack nothing, those *who fear him*.
The rich suffer want *and go hungry*, *
but those who seek the LORD lack *no blessing*.
6. Come, *children, and hear me*, *
that I may teach you the fear of *the LORD*.
Who is it that *desires life* *
and longs to see *prosperous days*?
7. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

THIRTY-THIRD-SUNDAY

COMMUNION ANTIPHON

Ps 73 (72): 28

O be near God is my hap-piness, to place my hope
in God the Lord.

Simple Response:

Ps 73 (72): 28

place my hope in God the Lord.

Psalm 73 (72): 1-2, 21-22, 23-24, 25-26, 27 and 28cd

1. How good is God *to Israel*, *
to those who are pure *of heart*!
As for me, I came close *to stumbling*; *
my feet had *almost slipped*,
2. And so when my heart grew *embittered*, *
and I was pierced to the depths of *my being*,
I was stupid and did not *understand*; *
I was like a beast in *your sight*.
3. As for me, I was always in *your presence*; *
you were holding me by my *right hand*.
By your counsel you *will guide* me, *
and then you will lead me *to glory*.

4. What else have I in heaven *but you?* *
 Apart from you, I want nothing *on earth.*
 My body and my heart waste away; †
 God is the strength of *my heart;* *
 God is my portion *forever.*
5. Surely, those who are far from *you* **perish;** *
 you destroy all those who are *unfaithful.*
 I will proclaim *your works* *
 at the gates of daughter *Sion.*
6. Glory be to the Father, and to *the Son,* *
 and to the *Holy Spirit.*
 As it was in the beginning, is now, and ever *shall be,* *
 world without end. *Amen.*

Or:

Mk 11: 23-24

I
A - men I say to you: Whatever you ask in prayer,
 believe that you will receive, and it shall be given to you,
 says the Lord.

Simple Response:

Ps 61 (60): 2

I
L Is-ten, O God, to my cry! At-tend to my prayer.

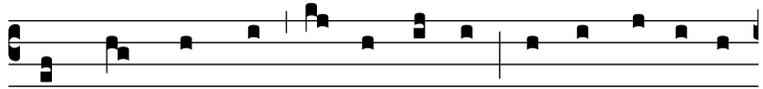
THIRTY-FOURTH WEEK

COMMUNION ANTIPHON

Ps 117 (116): 1, 2

VII

O



praise the Lord, all you nations, for his mer-ci-ful



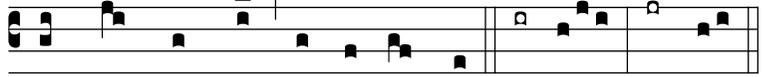
love towards us is great.

Simple Response:

Ps 117 (116): 1

VII

O



praise the Lord, all you na-tions.

Psalm 57 (56): 3, 4, 8, 9, 10-11, 12

1. I call to you, God *the Most High*, *
to God who provides *for me*.
2. May he send from heaven and save me, †
and put to shame those *who assail me*. *
May God send his loving mercy *and faithfulness*.
3. My heart is ready, O God; †
my heart is ready. *
I will sing, I will sing *your praise*.
4. Awake, my soul! †
Awake, lyre and harp! *
I will awake *the dawn*.
5. I will praise you, LORD, *among the peoples*, *
among the nations sing psalms *to you*,
for your mercy reaches *to the heavens*, *
and your truth to *the skies*.

6. Be exalted, O God, *above the heavens*; *
may your glory shine on all *the earth*!

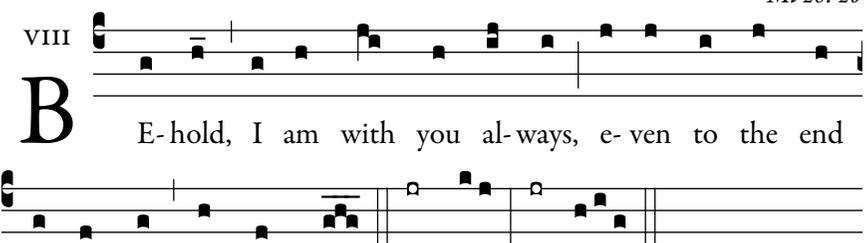
7. Glory be to the Father, and *to the Son*, *
and to the *Holy Spirit*.

As it was in the beginning, is now, and *ever shall be*, *
world without end. *Amen*.

Or:

Mt 28: 20

VIII



BE-hold, I am with you al-ways, e-ven to the end
of the age, says the Lord.

Psalm 68 (67)

1. Let God arise; let his foes *be scattered*. *
Let those who hate him flee *from his presence*.
2. O sing to God; make music to his name. †
Extol the One who rides on *the clouds*. *
The LORD is his name; exult *at his presence*.
Father of orphans, defender *of widows*: *
such is God in his *holy place*.
3. You have ascended on high; leading captivity captive †
as tribute receiving prisoners, *O God*, *
so that even rebels may dwell near *the LORD God*.
4. Day after day, may the LORD *be blest*. *
He bears our burdens; God *is our savior*.
This God of ours is a God *who saves*. *
The LORD our LORD provides an *escape from death*.

5. They see your solemn procession, *O God*, *
the procession of my God, of my king, to the *holy place*:
6. Summon forth your might, *O God*; *
your might, O God, which you have *shown for us*.
From your temple high in *Jerusalem*, *
kings will come to you bringing *their tribute*.
7. Rebuke the wild beast that dwells in the reeds, †
the bands of the mighty and rulers of *the peoples*. *
Scatter the peoples who *delight in war*.
Rich merchants will make their way *from Egypt*; *
Ethiopia will stretch out her *hands to God*.
8. Behold, he thunders his voice, his mighty *voice*. *
Come, acknowledge the *power of God*.
9. His glory is on Israel; his might is in *the skies*. *
Awesome is God in his *holy place*.
He is God, the God *of Israel*. *
He himself gives strength and power *to his people*.
10. Glory be to the Father, and to *the Son*, *
and to the *Holy Spirit*.
As it was in the beginning, is now, and ever *shall be*, *
world without *end. Amen*.