

FIRST WEEK OF LENT

MONDAY

RESPONSORIAL PSALM

Cf. Jn 6: 63c

II

Y

Our words, Lord, are Spir-it and life.

Psalm 19 (18): 8, 9, 10, 15

1. The law of the LORD *is* perfect; *
it revives *the* soul.
The decrees of the LORD *are* steadfast; *
they give wisdom to *the* simple.
2. The precepts of the LORD *are* right; *
they gladden *the* heart.
The command of the LORD *is* clear; *
it gives light to *the* eyes.
3. The fear of the LORD *is* pure, *
abiding *forever*.
The judgments of the LORD *are* true; *
they are, all of *them*, just.
4. May the spoken words of *my* mouth, *
the thoughts of *my* heart,
win favor in your sight, O LORD, *
my rock and my redeemer!

RESPONSORIAL PSALM

Cf. Ps 34 (33): 18b

II

F Rom all their dis-tress God res-cues the just.

Psalm 34 (33): 4-5, 6-7, 16-17, 18-19

1. Glorify the LORD *with me*; *
together let us praise *his name*.
I sought the LORD, and he *answered me*; *
from all my terrors he set *me free*.
2. Look towards him and *be radiant*; *
let your faces not be *abashed*.
This lowly one called; the LORD *heard*, *
and rescued him from all his *distress*.
3. The LORD turns his eyes to *the just*, *
and his ears are open to *their cry*.
The LORD turns his face against *the wicked* *
to destroy their remembrance from *the earth*.
4. When the just cry out, the LORD *hears*, *
and rescues them in all their *distress*.
The LORD is close to the *brokenhearted*; *
those whose spirit is crushed he *will save*.

RESPONSORIAL PSALM

Ps 51 (50): 19b

II
A heart contrite and humbled, O God, you will
not spurn.

Psalm 51 (50): 3-4, 12-13, 18-19

1. Have mercy on me, *O God*, *
according to your *merciful love*;
according to your great *compassion*, *
blot out *my transgressions*.
Wash me completely from my *iniquity*, *
and cleanse me *from my sin*.
2. Create a pure heart for me, *O God*; *
renew a steadfast *spirit within* me.
Do not cast me away from *your presence*; *
take not your holy *spirit from me*.
3. For in sacrifice you take no *delight*; *
burnt offering from me *would not please* you.
My sacrifice to God, a broken spirit: †
a broken and *humbled heart*, *
O God, you *will not spurn*.

RESPONSORIAL PSALM

Ps 138 (137): 3a

IV

L ord, on the day I called for help, you answered me.

Psalm 138 (137): 1-2ab, 2cde-3, 7c-8

1. I thank you, LORD, with *all my heart*; *
 you have heard the words of *my mouth*.
 In the presence of the *angels I praise* you. *
 I bow down toward your *holy temple*.

2. I give thanks to your name †
 for your merciful love *and your faithfulness*. *
 You have exalted your name *over all*.
 On the day I called, you *answered me*; *
 you increased the strength of *my soul*.

3. With your right *hand you save* me; *
 the LORD will accomplish this *for me*.
 O LORD, your merciful love *is eternal*; *
 discard not the work of *your hands*.

RESPONSORIAL PSALM

Ps 130 (129): 3

II

F you, O Lord, mark in- iq- ui- ties, who can stand?

Psalm 130 (129): 1-2, 3-4, 5-7a, 7bc-8

1. Out of the depths I cry to you, O LORD; *
LORD, *hear my voice!*
O let your ears be *attentive* *
to the sound of *my pleadings*.
2. If you, O LORD, should mark *iniquities*, *
LORD, *who could stand?*
But with you is found *forgiveness*, *
that you may *be revered*.
3. I long for you, O LORD, *
my soul longs *for his word*.
My soul hopes in *the LORD* *
more than *watchmen for daybreak*.
More than watchmen *for daybreak*, *
let Israel hope *for the LORD*.
4. For with the LORD there *is mercy*, *
in him is *plentiful redemption*.
It is he who will *redeem Israel* *
from all *its iniquities*.

RESPONSORIAL PSALM

Ps 119 (118): 1b

VI

B Lessed are they who fol-low the law of the Lord!

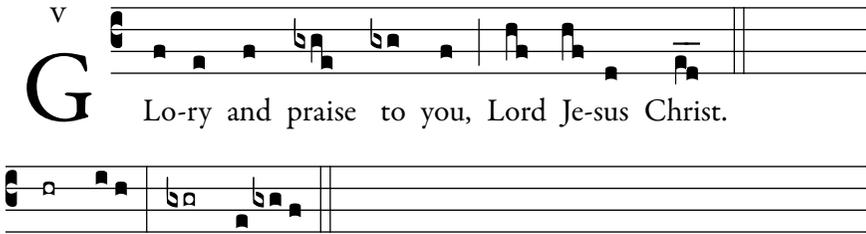
Psalm 119 (118): 1-2, 4-5, 7-8

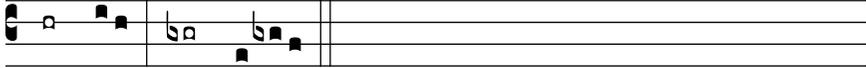
1. Blessed are those whose *way is blameless*, *
 who walk in the law *of the LORD!*
 Blessed are those who keep *his decrees!* *
 With all their *hearts they seek* him.

2. You have laid *down your precepts* *
 to be *carefully kept.*
 May my *ways be firm* *
 in *keeping your statutes.*

3. I will thank you with an *upright heart*, *
 as I learn *your just judgments.*
 I will *keep your statutes;* *
 do not ever *forsake* me.

VERSE BEFORE THE GOSPEL

^v
G 
Lo-ry and praise to you, Lord Je-sus Christ.



Monday

2 Corinthians 6: 2b

☩. Behold, now is a very acceptable **time**; *
behold, now is the day *of salvation*.

Tuesday

Matthew 4: 4b

☩. One does not live on bread **alone**, *
but on every word that comes forth from the *mouth of God*.

Wednesday

Joel 2: 12-13

☩. Even now, says the LORD, †
return to me with your **whole heart** *
for I am *gracious and merciful*.

Thursday

Psalms 51 (50): 12a, 14a

☩. A clean heart create for me, *O God*; *
give me back the joy of *your salvation*.

Friday

Ezekiel 18: 31

☩. Cast away from you †
all the crimes you have committed, says *the Lord*, *
and make for yourselves a new heart and a **new spirit**.

Saturday

2 Cor 6:2b

☩. Behold, now is a very acceptable **time**; *
behold, now is the day *of salvation*.