

FOURTH WEEK OF LENT

OPTIONAL MASS

This Mass may be used on any day of this week especially in years B and C when the Gospel of the man born blind is not read on the Fourth Sunday of Lent.

RESPONSORIAL PSALM

Ps 27 (26): 1a

IV

HE Lord is my light and my sal- va- tion.

Psalm 27 (26): 1, 7-8b, 8c-9abcd, 13-14

1. The LORD is my light and my salvation; *
whom *shall I fear?*

The LORD is the stronghold of my life; *
whom *should I dread?*

2. O LORD, hear my voice when I call; *
have mercy and *answer me.*

Of you my heart has spoken, *
“*Seek his face.*”

3. It is your face, O LORD, that I seek; *
hide not your *face from me.*

Dismiss not your servant in anger; †
you have been my **help.** *
Do not abandon *or forsake* me.

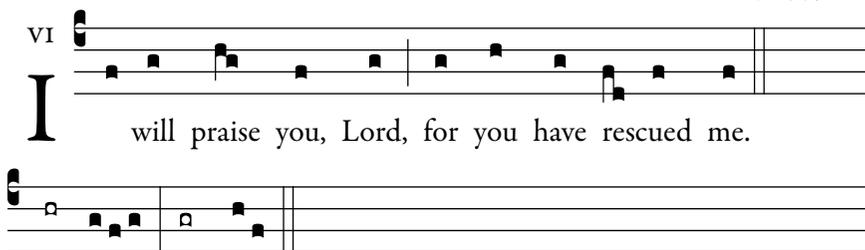
4. I believe I shall see the LORD’s goodness *
in the land *of the living.*

Wait for the LORD; be **strong;** *
be stouthearted, and wait *for the LORD!*

RESPONSORIAL PSALM

Ps 30 (29): 2a

VI



I will praise you, Lord, for you have rescued me.

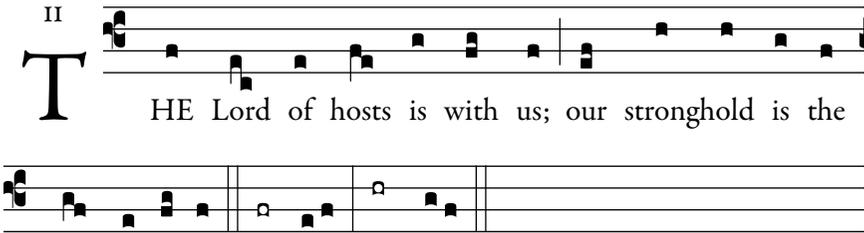
Psalm 30 (29): 2 and 4, 5-6, 11-12a and 13b

1. I will extol you, LORD, for you have *raised me up*, *
and have not let my enemies rejoice *over me*.
O LORD, you have lifted up my soul *from the grave*, *
restored me to life from those who sink into *the pit*.
2. Sing psalms to the *LORD, you faithful ones*; *
give thanks to his *holy name*.
His anger lasts a moment; his favor *all through life*. *
At night come tears, but dawn *brings joy*.
3. Hear, O LORD, and have mercy *on me*; *
be my helper, *O LORD*.
You have changed my mourning *into dancing*, *
O LORD my God, I will thank you *forever*.

RESPONSORIAL PSALM

Ps 46 (45): 8

II

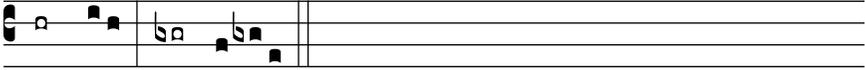
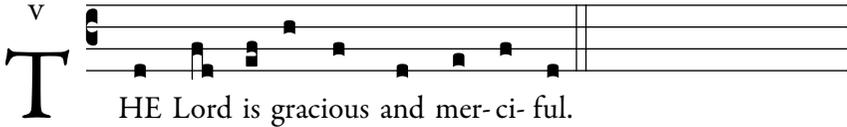


HE Lord of hosts is with us; our stronghold is the
God of Jacob.

Psalm 46 (45): 2-3, 5-6, 8-9

1. God is for us a refuge *and strength*, *
an ever-present help in time of *distress*:
so we shall not fear though the earth *should rock*, *
though the mountains quake to the heart of *the sea*;
2. The waters of a river give joy to *God's city*, *
the holy place, the dwelling of the *Most High*.
God is within, it cannot *be shaken*; *
God will help it at the dawning of *the day*.
3. The LORD of hosts *is with us*: *
the God of Jacob is *our stronghold*.
Come and behold the works of *the LORD*, *
the awesome deeds he has done on *the earth*.

RESPONSORIAL PSALM

Ps 145 (144): 8a

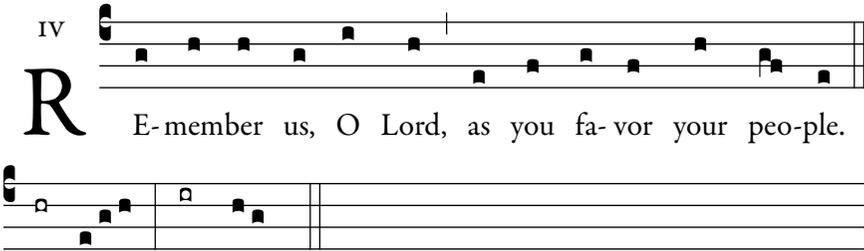
Psalm 145 (144): 8-9, 13cd-14, 17-18

1. The LORD is kind and full of *compassion*, *
slow to anger, *abounding in mercy*.
How good is the LORD *to all*, *
compassionate to *all his creatures*.
2. The LORD is faithful in all *his words*, *
and holy in *all his deeds*.
The LORD supports all *who fall*, *
and raises up all who *are bowed down*.
3. The LORD is just in all *his ways*, *
and holy in *all his deeds*.
The LORD is close to all *who call him*, *
who call on *him in truth*.

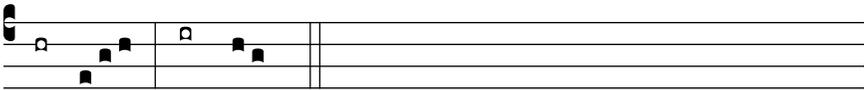
RESPONSORIAL PSALM

Ps 106 (105): 4a

IV



R E-member us, O Lord, as you fa-vor your peo-ple.



Psalm 106 (105): 19-20, 21-22, 23

1. They fashioned a *calf* at **Horeb**, *
and worshiped an image of **metal**;
they *exchanged their glory* *
for the image of a bull that *eats grass*.
2. They forgot the God who *was their savior*, *
who had done such great things *in Egypt*,
such wonders in the *land of Ham*, *
such marvels at the *Red Sea*.
3. For this he said he *would destroy* them, *
but Moses, the man he *had chosen*,
stood in the *breach before* him, *
to turn back his anger from *destruction*.

RESPONSORIAL PSALM

Ps 34 (33): 19a

II

HE Lord is close to the broken-hearted.

Psalm 34 (33): 17-18, 19-20, 21 and 23

1. The LORD turns his face against *the wicked* *
to destroy their remembrance *from the earth*.

When the just cry out, the LORD hears, *
and rescues them in all *their distress*.

2. The LORD is close to the *brokenhearted*; *
those whose spirit is crushed *he will save*.

Many are the trials of *the just* man, *
but from them all the LORD will *rescue him*.

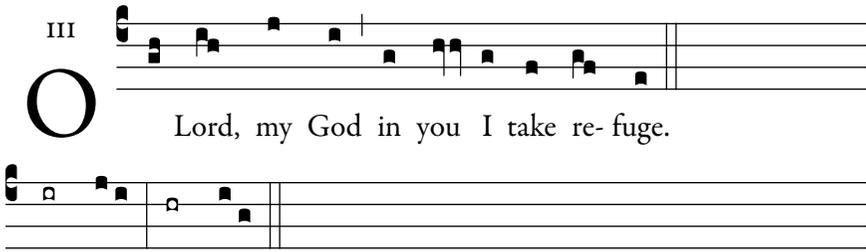
3. He will keep guard over all *his bones*; *
not one of his bones *shall be broken*.

The LORD ransoms the souls of *his servants*. *
All who trust in him shall not *be condemned*.

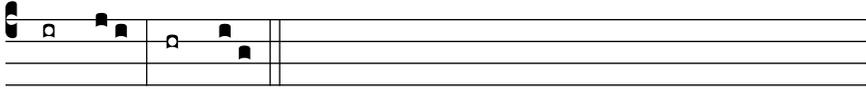
RESPONSORIAL PSALM

Ps 7: 2a

III



O Lord, my God in you I take re- fuge.



Psalm 7: 2-3, 9bc-10, 11-12

1. O LORD, my God, I take refuge *in you*. *
Save and rescue me from all my *pursuers*,
lest they tear me apart like *a lion*, *
and drag me off with no one to *rescue me*.

2. Give judgment for me, O LORD, *
for I am just and blameless *of heart*.
Put an end to the evil of *the wicked*! *
Make the just man *stand firm*;
it is you who test mind *and heart*, *
O God *of justice*!

3. God is a shield *before* me, *
who saves the upright *of heart*.
God is a judge, just and powerful *and patient*, *
not exercising anger *every day*.

VERSE BEFORE THE GOSPEL

v
G Lo-ry and praise to you, Lord Je-sus Christ.